Schenectady County Resource Booklet

Last Updated: May 4th, 2017
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12309 Neighborhood Association
600 McClellan St, Schenectady, NY 12304
518-346-2674
**Hours:** Last Tues of the month, 6:30pm
**Website:**
[https://www.facebook.com/12309NeighborhoodAssociation/](https://www.facebook.com/12309NeighborhoodAssociation/)
[http://www.cityofschenectady.com/408/Neighborhood-Associations](http://www.cityofschenectady.com/408/Neighborhood-Associations)
**Description:** Neighborhood association meets at the Walt Robb Auditorium at Ellis.
**Categories:** Community

15-LOVE
785 Washington Ave, Albany, NY 12206
518-438-2039
**Website:** [http://www.15love.org/](http://www.15love.org/)
**Description:** Promotes good health and education through tennis for the Capital Region’s youth. Free tennis lessons are provided for youth ages 4-18 in Albany, Schenectady, Rensselaer and Troy. Other programs are run by this organization, as well, such as Book Power Clubs and Healthy Cooking & Gardening programs.
**Categories:** Education, Youth

1st Advantage Dental
Niskayuna: 445 Balltown Rd, Niskayuna, NY 12309
518-344-4942
**Hours:** Mon/Tues/Thurs 7am-5pm; Wed 10am-7pm; open 3rd Saturday of the month
Glenville: 493 Saratoga Rd, Glenville, NY 12302
518-399-4031
**Hours:** Mon-Wed 8am-5pm; Thurs 7am-3pm; Fri 7am-2pm
**Website:** [https://www.1stadvantagedental.com/](https://www.1stadvantagedental.com/)
**Description:** Dentist that accepts Medicaid.
**Categories:** Health Care

518BLK
518blk@gmail.com
**Website:** [http://www.518blk.com/](http://www.518blk.com/)
**Description:** This is a website for the Capital District’s urban community to find different events and activities in the community that are relevant to them as minority individuals.
**Categories:** Minority Services

A
Access Transit Services (CDTA)
(518) 437-5161
**Website:** [https://www.cdta.org/access-transit-services-faqs](https://www.cdta.org/access-transit-services-faqs)
**Description:** Transportation for individuals in Schenectady who are eligible for TANF, specifically for the use attaining, retaining, or getting employment.
**Categories:** Transportation

A Different Way In Reading Center
First Reformed Church, 8 N. Church St, Schenectady, NY 12305
518-945-8842
**Website:** [http://adifferentwayin.weebly.com/](http://adifferentwayin.weebly.com/)
**Description:** Serves children/teens who struggle with reading (particularly with dyslexia). Meets 3 days a week for 1 hour per session; three year commitment required. Small fee associated with program, based on a sliding scale.
**Categories:** Education, Youth

Adirondack Mountain Club: Schenectady Chapter
518 383-3066
**Website:** [http://www.adkschenectady.org/home](http://www.adkschenectady.org/home)
**Description:** Organization dedicated to the protection and responsible recreational use of NYS wildlands and waters. Participate in recreational activities together, such as hiking, kayaking, backpacking, snowshoeing, etc. A youth section of this chapter also exists for individuals in their 20s and 30s.
**Categories:** Environment

Adecco Employment Services
2160 Amsterdam Rd, Glenville, NY 12302
518-930-0127
**Website:** [https://www.adeccousa.com/](https://www.adeccousa.com/)
**Description:** Job staffing agency.
**Categories:** Employment

Afghan Islamic Center
89 North Brandywine Ave, Schenectady, NY 12307
518-374-2364
**Categories:** Minority Services

Ahmadiyya Muslim Community Centre Albany Chapter
941 River Rd, Schenectady, NY 12306
518-887-2859
**Website:** [https://www.facebook.com/TrueIslamAlbany/](https://www.facebook.com/TrueIslamAlbany/)
**Description:** This is a website for the Capital District’s urban community to find different events and activities in the community that are relevant to them as minority individuals.
**Categories:** Minority Services

A is for Amigos
Balltown Road, Niskayuna, NY, 12309
518-504-0506
**Website:** [http://www.aisforamigos.com/](http://www.aisforamigos.com/)
**Albany Institute of History and Art**  
125 Washington Avenue, Albany, NY 12210  
518-463-4478  
**Hours:** Wed-Saturday, 10am-5pm (extended Thurs hours for free); Sunday 12-5pm  
**Website:** [http://www.albanyinstitute.org/](http://www.albanyinstitute.org/)  
**Description:** Offers exhibits on a variety of topics – examples include Ancient Egypt, Rock and Roll History, and artists from the Capital Region. Part of the Schenectady County Public Library Museum Pass Program. Admission: Adults $10, Students/Seniors $8, Children 6-12 $6, Children under 6 free. On Thursday nights, 5-8pm, admission is free. Also offers educational programs.  
**Categories:** Community

**Albany Pine Bush Preserve and Nature Center**  
195 New Karner Rd #1, Albany, NY 12205  
518-456-0655  
**Website:** [http://www.albanypinebush.org/](http://www.albanypinebush.org/)  
**Description:** This 3,200 acre nature preserve offers recreational activities for all, including bird watching, hiking, and nature study. The Discovery Center nature center offers interactive exhibits and hands-on activities for the community, as well as education opportunities for school groups.  
**Categories:** Environment, Youth

**Albany Stratton VA Medical Center**  
113 Holland Ave, Albany, NY 12208  
518-626-5000  
**Website:** [http://www.albany.va.gov/](http://www.albany.va.gov/)  
**Description:** Medical for veterans.  
**Categories:** Veterans

**Albany Stratton VA Medical Center: Schenectady Community Based Outpatient Clinic**  
1346 Gerling St, Schenectady, NY 12308  
518-346-3334  
**Website:** [http://www.albany.va.gov/locations/Schenectady.asp](http://www.albany.va.gov/locations/Schenectady.asp)  
**Description:** Located in Sheridan Plaza. Medical for veterans.  
**Categories:** Veterans

**Albany Stratton VA Medical Center: Albany Stratton VA Medical Center**  
500 New Karner Rd #3, Albany, NY 12205  
518-374-0053  
**Website:** [http://alginc.org/](http://alginc.org/)  
**Description:** Maintains updated information on home care, adult day care, care coordination, assisted living, skilled nursing facilities, eldercare lawyers and transportation available in the community. Offers support groups for those with Alzheimer’s.  
**Schenectady Support Groups:**  
- 3rd Tues of the month, 6pm, @ Kingsway Manor (357 Kings Rd, Schenectady)  
- 2nd Mon of the month, 6:30pm, @ Glenville Branch Library (20 Glenridge Rd, Glenville)  
- 2nd Wed of the month, 6pm, @ Capital Living and Rehabilitation Nursing Center (526 Altamont Ave, Rotterdam)  
- Last Wed of the month, 9:30am, @ St. Kateri  
**Categories:** Health Care, Mental Health/Counseling, Support Groups

**Alliance for Positive Health**  
155 Erie Blvd, Schenectady, NY 12305  
518-346-9272  
**Hours:** Mon-Fri, 8:30am-5pm  
**Website:** [http://www.allianceforpositivehealth.org/](http://www.allianceforpositivehealth.org/)  
**Description:** Organization dedicated to improving the lives of those impacted by HIV/AIDS or other chronic illnesses. Services include case management, housing assistance, health insurance access, etc.  
**Categories:** HIV/AIDS

**Alpha Pregnancy Center**  
967 Albany St, Schenectady, NY 12307  
518-688-2677  
**Hours:** Mon 10:30am-4 pm; Tues- Thurs 10am-5 pm; Fri 12-4 pm  
**Website:** [http://alphacare.org/](http://alphacare.org/)  
**Description:** Provides assistance to pregnant women, especially those with unexpected pregnancies. Offers counseling services and parenting classes. Baby clothes/furniture available with certain number of classes. Walk-ins welcome.  
**Categories:** Mental Health/Counseling, Family Planning/Pregnancy

**Alternative Living Group, Inc.**  
500 New Karner Rd #3, Albany, NY 12205  
518-374-0053  
**Website:** [http://alginc.org/](http://alginc.org/)  
**Description:** Residential services available for Albany/Schenectady Counties. Also offers after school respite in the Schenectady City School District.  
**Categories:** Disabilities, Education, Homelessness/Housing

**Alzheimer's Association Northeastern New York**  
24 Pine West Plaza, Suite 405, Albany, NY 12205  
518-867-4999 or 1-800-272-3900  
**Website:** [http://www.alz.org/northeasternny/in_my_community_62706.asp](http://www.alz.org/northeasternny/in_my_community_62706.asp)  
**Description:** Provides support groups for those with Alzheimer’s.  
**Categories:** Support Groups
A Magic Kingdom
2621 Consaul Rd, Schenectady, NY 12304
518-382-5670
Website: https://amagickingdomdaycareny.com/
Description: Child care service for Schenectady, Colonie, Rotterdam, and Niskayuna.
Categories: Child Care

American Cancer Society
1 Penny Ln, Latham, NY 12110
518-220-6901
Website: http://www.cancer.org/myacs/index
Description: Transportation provided free of charge to cancer patients traveling to a cancer-related medical appointment; 4 business day advance notice required.
Support Groups:
- Leukemia, lymphoma, Hodgkin’s disease, Myeloma Support Group: 2nd Wed (888-955-4572)
- Bladder Cancer Support Group: Last Mon, 6:30pm
- Prostate Cancer Support Group: 3rd Wed, 6-8pm
- General Cancer Support Group: Tues 6-8pm
- Family & Caregiver Support Group: Tues 6-8pm
- Recurrence Support Group: Wed 6-8pm
- Kid’s Club (for children/teens who have been touched by cancer, ages 4-18): 1st Tues 6-8pm
Categories: Health Care, Support Groups

The American Legion
Niskayuna Post
1809 Union St, Niskayuna, NY 12309
518-382-1579
Schenectady Post
718 Union St, Schenectady, NY 12305
518-346-8014
Hours: 2nd Monday of the month, 7:00 pm
Scotia Post
326 Glen Ave, Scotia, NY 12302
518-377-6611
Hours: 2nd Tuesday of the month, 1:00 pm
Website: http://www.legion.org/
Categories: Veterans

The American Foundation for Suicide Prevention
518-791-1544
Website: https://afsp.org/chapter/afsp-capital-region-new-york/
Description: Offers support groups around the Capital Region for those who have lost someone to suicide. Also hosts a Survivor Outreach Program, pairing up individuals who have lost someone to suicide in order to find peer-to-peer support. Also hosts an event annually called “Survivor Day.”
Categories: Support Groups

Anchor Room
2072 Curry Rd, Schenectady, NY 12303
518-356-8300
Description: A free clothing room for Mohonasen youth. Located in the high school, though clothing is available for other ages. There is no limit on the amount of clothing youth can take. Hygiene products are also often available.
Categories: Clothing

Anger Management Online Class
Website: www.anger-management-classes.net
Description: Anger management class which satisfied court/legal requirements. A certificate is granted to anyone who completes the course. Cost varies ($55 minimum).
Categories: Domestic Violence, Reentry, Mental Health/Counseling

Animal Protective Foundation
53 Maple Ave, Scotia, NY 12302
518-374-3944
Website: http://www.animalprotective.org/
Description: Offers pet adoption, animal surrender, Canine Academy, and pet cremation services. Has a community spay/neuter clinic, which is paid for on an income-based payment program. Also offers a Pet Bereavement Group on the 3rd Wed of the month at 6pm.
Categories: Pets

Art in Mind Creative Wellness Studios
272 Saratoga Road, Unit 3, Glenville, NY 12302
518-477-3798
Website: https://www.artinmindstudio.com/
Description: Promotes wellness through art expression. Offers multiple types of classes (including a culinary class for youth). The studio offers programs for all ages.
Categories: Community, Youth

The Arts Center of the Capital Region
265 River Street, Troy, NY 12180
518-273-0552
Website: https://www.artscenteronline.org/
Description: Offers different types of art classes to the community, including painting/drawing, music, theatre, culinary, needle arts, etc.
Categories: Community

Associates in Mental Health and Neuropsychology
2310 Nott St, Niskayuna, NY 12309
518-372-6080
Website: http://mentalhealth-neuropsychology.com/our-services/
Description: Offers individual, group, and family therapy. Neuropsychological assessments available for children, adolescents, and adults.
Categories: Mental Health/Counseling
Athletic Haven
P.O. Box 11524, Albany, NY 12211
518-545-4876
Website: http://www.athletichaven.org/
Description: Offers free travel teams for youth, free monthly clinics, sports camps, and private lessons.
Categories: Youth

A Thousand Moms
2367 Curry Rd, Schenectady, NY 12303
518 322-0607
Website: http://athousandmoms.org/
Description: Advocates for LGBTQ+ youth in foster care/adoptive care.
Categories: LGBTQ+

AUTISM SOCIETY
101 State St, Schenectady, NY 12307
518-355-2191
Website: http://www.albanyautism.org/Home.aspx
Description: Resource hub for those with autism. Support groups for parents of autistic children, as well as autistic adults, once a month.
Categories: Disabilities, Support Groups

Awaken Church
935 Balltown Rd, Niskayuna, NY 12309
518-346-6814
Website: http://www.awakenchurchny.org/
Description: Offers two Alcoholics Anonymous meetings: Fri 8pm (Open, Big Book) and Mon 8pm (Open, Beginners)
Categories: Addiction

B’nai B’rith House
22 Knolls Rd, Schenectady, NY 12306
518-346-8797
Website: http://www.bnaibrith.org/housing-locations.html
Description: Senior housing.
Categories: Seniors

Bellevue Preservation Association
1911 Fairview Ave, Schenectady, NY 12306
518-393-0403
Hours: 2nd Thurs of the month, 7pm
Website: https://www.facebook.com/bellevuepreservationinc/
http://www.cityofschenectady.com/408/Neighborhood-Associations
Description: Neighborhood association meets at St. Paul Episcopal.
Categories: Community

Bellevue Reformed Church
2000 Broadway, Schenectady, NY 12306
518-393-1341
Website: http://bellevuereformed.org/
http://scapny.org/headstart/
Description: Runs multiple groups throughout the week: Celebrate Recovery (Christ-centered addiction recovery) on Mondays at 6:30pm; runs a Life without Co-Dependency Group, which meets the 2nd & 4th Tues of the month at 6pm; Greater Things Basketball Program runs Fridays at 7:30pm for youth.
Categories: Support Groups, Youth

Bellevue Women’s Center
2210 Troy-Schenectady Road, Niskayuna, NY 12309
518-346-9400
Website: http://www.ellismedicine.org/locations/bellevue-womans-center.aspx
Description: An inpatient facility dedicated to the care of women and infants. OB/GYN services offered include breast care, surgery, gynecologic care and maternity.
Categories: Health Care

Belvedere Addictions Center: Outpatient Clinic
1 Van Tromp St, Albany, NY 12207
518-694-9400
Hours: Mon/Thurs/Fri 8am-4 pm; Tues/Wed 8am-7 pm
Website: http://www.belvedereaddictionscenter.com/
Description: Outpatient addiction clinic.
Categories: Addiction

Berkshire Farms
518-456-1969
Website: http://www.berkshirefarm.org/
Description: Offers community-based programming and residential treatment for youth.
Categories: Addiction, Youth

Bethany Reformed Church
760 New Scotland Ave, Albany, NY 12208
518-482-7998
Website: http://www.bethanyrc.org/
Description: Hosts Nicotine Anonymous, Thurs 7:30pm (Open, Discussion).
Categories: Support Groups

Bethel AME Church
540 Mumford St, Schenectady, NY 12307
Hours for NA: Mon-Fri 8:30-10am
Website: https://www.facebook.com/groups/bethelschenectady/
Description: Hosts a Narcotics Anonymous meeting 5 days a week; open meeting.
Categories: Addiction
Bethesda House  
834 State St, Schenectady, NY 12307  
518-374-7873  
**Hours:** Mon-Fri, 9-11:30am & 1-4:30pm  
**Website:** [http://www.bethesdahouseschenectady.org/](http://www.bethesdahouseschenectady.org/)  
**Description:** Offers a clothing room for adults only (one visit per month), free laundry services, housing assistance (help finding apartments, assistance with security deposit and eviction prevention), and National Grid assistance. AIDS/HIV testing available on the 1st Mon of the month. Veteran’s Resource center open Mon/Wed 1-4pm (assisting veterans with daily needs). Also provides two different food pantries to the community; Bethesda Food Pantry is the 2nd/3rd Tues of the month, 9:30-11:30am & 1-4:30pm. Free meal available Mon-Fri from 2:30-4pm.  
**Support Groups**  
- Narcotics Anonymous: Mon/Wed/Fri 7-8:30pm (Wed women only), Saturday 10-11:30pm, Sunday 2-3:30pm; all open  
- Women’s Support Group: Thurs 11:30am-1pm (lunch provided)  
- Men’s Support Group: Thurs 11:30am-1pm (lunch provided; at State St. Presbyterian Church)  
**Categories:** Addiction, Clothing, Community, Financial & Energy Assistance, Food Resources, Health Care, HIV/AIDS, Homelessness/Housing, Legal Assistance, Support Groups, Veterans

Better Neighborhoods, Inc.  
986 Albany St, Schenectady, NY 12307  
518-372-6469  
**Website:** [http://better-neighborhoods.org/](http://better-neighborhoods.org/)  
**Description:** Assists new homeowners and helps prepare individuals for buying a home. Provides homebuyer education and counseling. Also assists in foreclosure prevention.  
**Categories:** Homelessness/Housing

Big Brothers Big Sisters of the Capital Region  
1698 Central Ave, Albany, NY 12205  
518-862-1250  
**Website:** [www.bbbscr.org](http://www.bbbscr.org)  
**Description:** Mentoring for youth (available in Schenectady County). Choose between a community-based program, where mentor and child go to different places in the community, and a site-based program at Union College, where children are paired with a college student and meet 12 times a year at the college.  
**Categories:** Youth

Birthright of Schenectady  
518-370-1532  
**Hours:** Mon-Fri, 10am-1pm  
**Description:** Offers free baby/maternity clothes. A place of friendship and support for women.  
**Categories:** Clothing, Community, Family Planning/Pregnancy

Boulevard Neighborhood Association  
1230 Rugby Rd, Schenectady, NY 12308  
518-831-0260  
**Website:** [http://banaschenectady.org](http://banaschenectady.org)  
**Hours:** 3rd Mon of the month at 7pm  
**Description:** Neighborhood Association meets bi-monthly at Calvary Orthodox Presbyterian Church.  
**Categories:** Community

Boys Day Out  
boysdayout518@gmail.com  
**Website:** [https://www.facebook.com/518BDO/](https://www.facebook.com/518BDO/)  
**Description:** Provides positive male mentorship for Schenectady City boys (middle school aged – all middle schools in district). Runs programs such as: teen nights, annual conference, Boys Circles (once a week for ten weeks), summer events, Fly Write hip hop writing and music video creation, etc.  
**Categories:** Youth

Boys & Girls Club of Schenectady  
MLK Elementary Program  
918 Stanley St, Schenectady, NY 12307  
518-898-5703  
**Website:** [http://www.bgcschenectady.org/our-clubs](http://www.bgcschenectady.org/our-clubs)  
**Description:** Programming for ages 6 to 12  
**Categories:** Education, Youth

Steinmetz Career and Leadership Academy Teen Program  
880 Oakwood Avenue, Schenectady, NY 12303  
518-709-5015  
**Website:** [http://www.bgcschenectady.org/our-clubs](http://www.bgcschenectady.org/our-clubs)  
**Description:** Programming for ages 13+  
**Categories:** Education, Youth

Mont Pleasant Clubhouse  
1104 Webster Street, Schenectady, NY 12303  
518-372-7040  
**Hours:** Mon-Fri 2:00-6:30 pm (12 & under), 3:30-8:00pm (13+)  
**Website:** [http://www.bgcschenectady.org/our-clubs](http://www.bgcschenectady.org/our-clubs)  
**Description:** $5 annual for membership to B&G Club. Offers after school programming for Schenectady youth. This clubhouse has a computer room, gameroom, kitchen, and a Teen Center (includes a Recording Studio).  
**Categories:** Education, Youth

Bethlehem Clubhouse  
721 Curry Road, Rotterdam, NY 12306  
518-355-7440  
**Hours:** Mon-Fri 2:30-8:00pm (12 & under), 2:30-9:00pm (13+), Sat 10:00am-4:00pm (all ages)  
**Website:** [http://www.bgcschenectady.org/our-clubs](http://www.bgcschenectady.org/our-clubs)  
**Description:** $10 annual for membership. Offers after school
programming for Schenectady youth. Also offers free swimming lessons to all members, a basketball league for ages 4-16, a swim team, and multiple special events throughout the year. Free transportation provided from Schalmont and Mohonasen School Districts.

Categories: Education, Youth

Steinmetz Clubhouse
118 Henry St, Schenectady, NY 12304
518-372-3620

Hours: Mon-Fri 2:15-6:30 (12 & under), 2:15-8 (13+)

Website: [http://www.bgcschenectady.org/our-clubs](http://www.bgcschenectady.org/our-clubs)

Description: $5 annual for membership to B&G Club. Offers after school programming for Schenectady youth. Focus for this clubhouse is on STEM education and introducing youth to science, math, and technology.

Categories: Education, Youth

Yates Clubhouse
2400 Van Vranken Ave, Schenectady, NY 12308
518-372-3583

Hours: Mon-Fri 2:15-6:30 (12 & under), 2:15-8 (13+)

Website: [http://www.bgcschenectady.org/our-clubs](http://www.bgcschenectady.org/our-clubs)

Description: $5 annual for membership to B&G Club. Offers after school programming for Schenectady youth. This clubhouse has a computer lab, game room, art room, and a large Community Room (which serves as the gym). They are also adopting Steinmetz Park and will be beautifying the grounds.

Categories: Education, Youth

Braman Food Pantry
7963 State Route 30, Delanson, NY 12053
518-868-2047

Hours: Wed 5-7pm, Thurs 1-3pm

Description: Food pantry. If unable to make times listed, appointments can be made. There are no limits on number of visits.

Categories: Food Resources

Bridge Christian Church
735 Crane St, Schenectady, NY 12303
518-864-5849

Website: [http://bridgechristianchurch.com/](http://bridgechristianchurch.com/)

Description: Offers free laundry services by appointment. Free community gym available; adults, Tues/Thurs 9am-12pm & 4-7pm; youth, Mon/Tues 6-7:30pm (for ages 10+). Food pantry available the 3rd Tuesday of the month from 4-6pm and the 3rd Saturday of the month 12-2pm (emergency cases can call for an appointment).

Categories: Clothing, Community, Food Resources, Youth

The Bus Stop Club
139 South Lake Ave, Albany, NY 12208
518-221-4402

Website: [http://www.busstopclub.com/](http://www.busstopclub.com/)

Description: Free program for siblings (ages 7-15) of chronically ill, mentally disabled, or physically handicapped children; meets monthly to share experiences, ask questions, and participate in fun, stress-relieving activities.

Categories: Disabilities, Support Groups, Youth

Calvary Tabernacle Church
1840 Albany St, Schenectady, NY 12304
518-370-1010

Website: [http://caltab.church/#welcome](http://caltab.church/#welcome)

Description: Offers a Christ-centered recovery group called Celebrate Recovery on Mon 6:30pm.

Categories: Support Groups

Campbell House
101 State St, Schenectady, NY 12307
518-346-0762

Website: [http://www.capitaldistricttaba.com/](http://www.capitaldistricttaba.com/)

Description: Offers multiple psychological services. Offers a Social Skills Group for autistic children on Wed 5-6pm (ages 7-10) and Fri 5:30-6:30pm (ages 5-6). Contact for pricing.

Categories: Mental Health/Counseling

Capital Church
31 Vly Rd, Colonie, NY 12205
518-456-3022

Website: [http://capitalchurchny.org/directions-service-times/](http://capitalchurchny.org/directions-service-times/)

Description: Hosts a Nar-Anon Family Group on Tuesdays at 7pm.

Categories: Mental Health/Counseling

Capital Counseling
670 Franklin St, Schenectady, NY 12305
518-462-6531

Website: [http://capitalcounseling.org/capital-counseling-schenectady/](http://capitalcounseling.org/capital-counseling-schenectady/)

Description: Covers a wide variety of counseling topics; accepts Medicaid/Medicare/Fidelis.

Categories: Mental Health/Counseling

Capital District Center for Independence
105 Jay St, Schenectady, NY 12305
518-459-6422

Website: [http://www.cdcweb.com/](http://www.cdcweb.com/)

Description: Satellite office in Schenectady City Hall, Rm 2. Provides services for people with disabilities, including housing assistance, reentry help, navigating the system, help applying for federal assistance, employment readiness, healthy living workshops, and assistance developing independent living skills. Support groups available at the Albany location.

Categories: Disabilities, Food Resources, Homelessness/Housing, Mental Health/Counseling, Reentry,
Seniors, Support Groups, Veterans, Youth

**Capital District Child Care Council**
91 Broadway, Menands, NY 12204
518-426-7181
Website: [http://www.cdcccc.org/](http://www.cdcccc.org/)
**Description:** Hub of child care services in the area; can call or check online to find appropriate child care that will fit your needs. Also offers trainings for organizations that work with child/families. In mid-March, posts list of summer camps for children in the capital region.
**Categories:** Child Care, Education, Youth

**Capital District Developmental Disabilities Service Office**
500 Balltown Rd, Schenectady, NY 12304
518-370-7370
Website: [https://opwdd.ny.gov/](https://opwdd.ny.gov/)
**Description:** Coordinates services for people with developmental or intellectual disabilities.
**Categories:** Disabilities, Government

**Capital District Educational Opportunity Center**
431 River St, Troy, NY 12180
518-273-1900
Website: [http://www.hvcc.edu/eoc/index.html](http://www.hvcc.edu/eoc/index.html)
**Description:** Free educational/vocational training for individuals (free of cost, if qualified).
**Categories:** Education

**Capital District Humane Association**
jenpolitis@gmail.com
Website: [http://www.cdha.net/](http://www.cdha.net/)
**Description:** Offers multiple pet services (spay/neuter, adoption, pet surrender, etc.).
**Categories:** Pets

**Capital District Mamas**
cdmamas.organizer@gmail.com
Website: [https://www.meetup.com/CDMAMAS/](https://www.meetup.com/CDMAMAS/)
**Description:** A group of mothers in the capital district who share information and offer support to one another. Offers a number of events for mothers and children. Annual membership dues are $15.
**Categories:** Community, Family Planning/Pregnancy

**Capital District Psychiatric Center**
75 New Scotland Ave, Albany, NY 12208
518-549-6000
Website: [https://www.omh.ny.gov/omhweb/facilities/cdpc/](https://www.omh.ny.gov/omhweb/facilities/cdpc/)
**Description:** Offers inpatient psychiatric treatment and rehabilitation to patients who have been diagnosed with serious and persistent mental illnesses. Outpatient treatment also available.
**Categories:** Mental Health/Counseling

**Capital Job Development Group**
518-290-0814
Website: [https://capitaljobdevelopmentgroup.org/](https://capitaljobdevelopmentgroup.org/)
**Description:** Offers free job fairs in Schenectady.
**Categories:** Employment

**Capital Region BOCES**
900 Watervliet-Shaker Rd, Albany, NY 12205
518-464-3944
Website: [http://capregboces.org/](http://capregboces.org/)
**Description:** Provides CAPIT Program, substance abuse prevention for children. Teen Intervene program available. Has list of TASC/ESL classes in the area, call (518-862-4707) for times and locations
**Categories:** Addiction, Education

**Capital Region Furniture Bank**
5 Anderson Dr, Albany, NY 12205
518-612-BANK
Website: [http://capitalregionfurniturebank.org/](http://capitalregionfurniturebank.org/)
**Description:** Free furniture available.
**Categories:** Homelessness/Housing

**Capital Region Language Center**
24 Aviation Rd, Suite 100, Albany, NY 12205
518-729-5407
**Hours:** Mon-Fri, 9:30am-3pm
Website: [http://crlcalbany.org/](http://crlcalbany.org/)
**Description:** A full service language education center which offers 12 different languages for individuals to learn. Offers ESL classes, as well.
**Categories:** Education

**Catholic Charities Care Coordination Services**
100 Slingerland St, Albany, NY 12202
518-449-3581
**Hours:** Mon-Fri, 8:30-4:30 pm
Website: [http://cccarecoordination.org/](http://cccarecoordination.org/)
**Categories:** HIV/AIDS

**Catholic Charities Senior Services**
1473 Erie Blvd, Schenectady, NY 12305
518-372-5667
Website: [http://ccseniorservices.org/](http://ccseniorservices.org/)
**Description:** Offers services to seniors in the capital region. Runs a Meals on Wheels program (hot lunch, boxed dinner; donation suggested but not required). Also assists with meals on Thanksgiving and Christmas. Assists seniors with multiple aspects of daily living, including resource navigation, SNAP assistance, health insurance assistance, and legal assistance.
**Categories:** Food Resources, Legal Assistance, Seniors

**CDTA Star Program**
518-482-2022
Website: [http://www.cdt.org/star-program/56](http://www.cdt.org/star-program/56)
**Description:** Provides transportation for those with impairments/disabilities that prevent the use of the normal
CDTA bus. Operates within ¾ of a mile of the fixed bus route.

**Categories:** Disabilities, Transportation, Seniors

### Center City
433 State St, Schenectady, NY 12305  
**Description:** Offers a TASC (GED) class on Mon/Wed from 5:30-8:30pm on the Second Floor, Room 219. Alcoholics Anonymous meeting meets on Sundays at 10am (open, beginners). This meeting is wheel chair accessible. Enter on Franklin St.  
**Categories:** Addiction, Education

### Center for Autism and Related Disabilities (CARD)
University at Albany, 1535 Western Avenue, Albany, NY 12203  
518-442-2574  
**Website:** [http://www.albany.edu/autism/](http://www.albany.edu/autism/)  
**Description:** Resource center for school personnel, families, members, and community professionals that live and/or work with individuals ages 4-21 with Autism Spectrum Disorder. Provides diagnostic evaluations to individuals suspected of having autism. Also offers Professional Development and Parent Seminars, as well as a Parent Education program.  
**Categories:** Disabilities

### The Center for Community Justice
144 Barrett St, Schenectady, NY 12305  
518-346-1281  
**Website:** [http://www.theccj.org/](http://www.theccj.org/)  
**Description:** Offers job skill training for those re-entering society.  
**Categories:** Reentry

### Central Park
500 Iroquois Ln, Schenectady, NY 12309  
**Website:** [http://cceschene.cady.org/agriculture/roots-wisdom](http://cceschene.cady.org/agriculture/roots-wisdom)  
**Description:** Park available to the community (pool, play sets, etc. available)  
**Categories:** Youth

### Center for Solutions
1758 Union St, Niskayuna, NY 12309  
518-982-1274  
**Website:** [http://www.center4solutions.org/](http://www.center4solutions.org/)  
**Description:** Provides mental health services to the community, including psychotherapy, medication evaluation/management, anger management counseling, mental health assessments, and substance abuse evaluations.  
**Categories:** Mental Health/Counseling

### Central State Street Neighborhood Association
600 McClellan St, Schenectady, NY 12304  
518-860-6320  
**lindacrandallkelleher@aol.com**  
**Hours:** Last Tues of the month, 6:30pm  
**Description:** Neighborhood association meets at the Walt Robb Auditorium on the Ellis-McClellan Campus.  
**Categories:** Community

### Children’s Museum of Science and Technology
250 Jordan Road, Troy, NY 12180  
518-235-2120  
**Website:** [http://www.cmost.org/index.php](http://www.cmost.org/index.php)  
**Description:** A Museum in Troy focused on showing youth the fun and excitement of science and technology. Runs school-break programs. Admission is $5 per person; children under 2 are free.  
**Categories:** Community, Youth

### Christ Church Episcopal
970 State St, Schenectady, NY 12307  
518-374-3064  
**Website:** [http://christchurchschenectady.org/](http://christchurchschenectady.org/)  
**Description:** Offers a free meal the last Sunday of the month from 1:30-2:30pm. Hosts a Narcotics Anonymous Group on Thursdays from 7-8:30pm (open, wheel chair accessible).  
**Categories:** Addiction, Food Resources

### Christ Episcopal Church
132 Duanesburg-Churches Rd, Duanesburg, NY 12056  
**Website:** [http://www.christchurchduanesburg.org/](http://www.christchurchduanesburg.org/)  
**Description:** Hosts Alcohols Anonymous meetings throughout the week: Tues 7:30pm (Closed, Steps); Mon/Thurs/Sat 7:30pm (Open, Discussion); Thurs 7:30pm (Open, Discussion, Women Only). All meetings are wheel chair accessible.  
**Categories:** Addiction

### City Life Center
550 Ontario St, Schenectady, NY 12306  
518-533-3617  
**Website:** [http://www.yfc.net/](http://www.yfc.net/)  
**Description:** Offers a free meal the last Sunday of the month from 1:30-2:30pm. Hosts a Narcotics Anonymous Group on Thursdays from 7-8:30pm (open, wheel chair accessible).  
**Categories:** Addiction, Food Resources

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**Categories:** Addiction, Food Resources

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**Categories:** Addiction, Food Resources

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**Categories:** Addiction, Food Resources

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**Categories:** Addiction, Food Resources

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**Categories:** Addiction, Food Resources

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**Categories:** Addiction, Food Resources

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**Categories:** Addiction, Food Resources

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550 Ontario St, Schenectady, NY 12306  
518-533-3617  
**Website:** [http://www.yfc.net/](http://www.yfc.net/)  
**Description:** Offers a free meal the last Sunday of the month from 1:30-2:30pm. Hosts a Narcotics Anonymous Group on Thursdays from 7-8:30pm (open, wheel chair accessible).  
**Categories:** Addiction, Food Resources
City Mission
425 Hamilton St, Schenectady, NY 12305
518-346-2275
Website: http://citymission.com/
Description: Offers transitional housing for men/women who graduate from the Bridges to Freedom program. In August, offers free backpacks and school supplies to community members. Hosts a 12 month addiction freedom program (Bridges to Freedom).
Categories: Addiction, Education, Homelessness/Housing

City Mission Dining Center
512 Smith St, Schenectady, NY 12305
518-346-2275
Website: http://citymission.com/
Description: Offers free community dinner Mon-Fri at 5:45pm and Saturday at 3pm. Bag lunches available Sunday 3-3:30pm. Provides Thanksgiving/Christmas meals. Sandwiches available all day at the 425 Hamilton St Entrance. Also offers at free medical clinic on Tuesdays at 6pm at the Dining Center.
Categories: Food Resources, Health Care

City Mission Family Life Center
311 Clinton St, Schenectady, NY 12305
518-346-2275 (ext. 324)
Website: http://citymission.com/project/provide-shelter/
Description: Shelter for women and children only; provides 35 beds.
Categories: Homelessness/Housing

City Mission Men’s Shelter
427 Hamilton St, Schenectady, NY 12305
518-346-2275 (ext. 312)
Website: http://citymission.com/project/provide-shelter/
Description: Shelter for men only; provides 76 beds.
Categories: Homelessness/Housing

City Mission Reentry Peer Support Group
313 Clinton Ave, Schenectady, NY 12305
518-414-0633
Hours of Support Group: Tues 2-3pm
Website: http://citymission.com/
Description: Support for individuals attempting to re-enter society after time in jail or prison.
Categories: Reentry, Support Groups

City Mission Thrift Store
416 Saratoga Rd, Glenville, NY 12303
518-399-0917
Hours: Mon-Fri 9am-5pm, Saturday 9am-3pm
Website: http://citymission.com/
Description: Offers clothing for low cost.
Categories: Clothing

Community Fathers, Inc.
120 Emmons St, Schenectady, NY 12304
518-346-7546
Website: http://www.communityfathersinc.org/
Description: An organization of fathers in the community. Offers a support group for fathers, a reentry program, and a high school program for young fathers in the Schenectady School District. Offers mentorship for young fathers. Hosts a Domestic Violence Offender Accountability Program Tuesdays from 6-7:30pm (court mandate only). Also provides a free legal clinic the 3rd Tues of the month.
Categories: Domestic Violence, Family Planning/Pregnancy, Legal Assistance, Reentry, Support Groups, Youth

Community Gardens

Capital Roots Gardens
333 Hulet St, Schenectady, NY 12307
518-346-4445
Website: http://www.capitalroots.org/programs/community/map-of-gardens/
Description: Offers garden plots for $30 a year.
Categories: Food Resources

SICM Garden
333 Hulet St, Schenectady, NY 12307
518-346-4445
Website: http://www.sicm.us/
Description: Offers a community garden plot (5’ by 10’ plot) for $5. Offers assistance along the way with the gardening process.
Categories: Food Resources

Community Hospice
445 New Karner Road, Albany, NY 12205
518-724-0200
Website: http://www.communityhospice.org/
Description: Offers support for seriously ill individuals/families.
Categories: Health Care

Community Human Services
543 Saratoga Rd, Glenville, NY 12302
518-399-4624
Website: http://www.chsny.org/
Description: Offers youth services, family support, respite, and skill-building services. For youth, offers a job match and employment skills program. AA Meeting held Fridays at 6pm (open, discussion, wheel-chair accessible).
Categories: Addiction, Employment, Mental Health/Counseling, Youth

Community Land Bank
433 State Street, 4th Floor, Schenectady, NY 12305
Community Land Trust  
1677 Van Vranken Ave, Schenectady NY 12308  
518-372-7616  
Website: http://www.cltofschdy.org/  
Description: Seeks to assist the community of Schenectady in finding and investing in long-term affordable housing. Offers grants to assist current homeowners with repairs (specific grants available for seniors 60+). Rental units are available in the city of Schenectady. Offers a home buyer driven program to assist potential homeowners in finding a house that is affordable. Also offers a Ready to Rent program for individuals, a six week program that assists with budgeting, finances, how to communicate with landlords, etc. Individuals who complete the program are given a certificate of completion, which can help when attempting to find an apartment to rent.  
Categories: Financial & Energy Assistance, Homelessness/Housing, Seniors

Community Loan Fund  
255 Orange St, Suite #103, Albany, NY 12210  
920 Albany St, Schenectady, NY 12307  
518-436-8586  
Website: http://mycommunityloanfund.org/  
Description: Provides funding, training, and technical assistance to nonprofits and small businesses throughout the Capital Region.  
Categories: Financial & Energy Assistance

Comprehensive Care Center for Eating Disorders of Northeastern NY  
25 Hackett Blvd, Schenectady, NY 12208  
518-262-5299  
Website: http://www.amc.edu/patient/services/neccceed/  
Description: Eating disorder organization located at the Albany Medical Center South Clinical Campus (3rd Floor).  
Categories: Mental Health/Counseling

Concerned for the Hungry  
1252 Albany St, Schenectady, NY 12304  
518-372-9881  
Website: http://www.concernedforthehungry.org/  
Description: Serves a large number of residents of Schenectady a Thanksgiving dinner.  
Categories: Food Resources

Congregation Agudat Achim  
2117 Union Street, Schenectady, NY 12309  
518-393-9211  
Website: http://www.agudatachim.org/  
Description: Synagogue  
Categories: Minority Services

Congregation Beth Israel  
2195 Eastern Parkway, Schenectady, NY 12309  
518-377-3700  
Website: http://www.bethisraelschenectady.com/#  
Description: Synagogue  
Categories: Minority Services

Conifer Park  
79 Glenridge Rd, Cottage 1, Glenville, NY 12302  
Tool Free:1-800-989-6446  
In-Patient: 518-399-6446  
Out Patient: 518-372-7031  
Website: http://www.coniferpark.com/  
Description: Organization that focuses on addiction recovery. Holds an Alcoholics Anonymous Group Mondays at 7:15pm in the “D” Wing (open, discussion).  
Categories: Addiction

Conifer Park: Outpatient Clinic  
600 Franklin St, Suite 204, Schenectady, NY 12305  
1-800-989-6446  
518-372-7031  
Website: http://www.coniferpark.com/schenectady-outpatient-clinic  
Description: Outpatient clinic for individuals seeking addiction recovery. Holds an Alcoholics Anonymous Group Tuesdays at 5:45pm on the 2nd floor (open).  
Categories: Addiction

Cornell Cooperative Extension  
107 Nott Terrace, Schenectady, NY 12308  
518-372-1622  
Website: http://cceschenectady.org/  
Description: This organization morphs and grows based on community need and interest. Some programs currently running include the Expanded Food and Nutrition Program for low income families and youth (held at various locations), Healthy Schenectady Families, a home-visiting education program about parenting/nutrition for pregnant or newly parenting individuals (must be a Schenectady resident; no income eligibility requirements), and Nutrition Education for Seniors, hosted for seniors participating in meal programs and offered on a bi-monthly basis. Runs a number education classes about nutrition throughout the area, as well.  
Categories: Family Planning/Pregnancy, Food Resources
CREATE Community Studios
137 State St, Schenectady, NY 12305
518-348-9290
Website: http://www.createcommunitystudios.org/
Description: Offers art therapy programs and different art classes. Organizations can also contact to set up different programs for their clients.
Categories: Community, Mental Health/Counseling, Veterans, Youth

Crossroads Center for Children
1136 N Westcott Rd, Suite 100, Schenectady, NY 12306
518-280-0083
Hours: Mon-Fri, 9am-2:30pm
Website: http://crossroadcenter.org/
Description: Offers a pre-school program, special education, and summer programs for youth with disabilities. Provides wrap-around care for children that need it (must pay out-of-pocket, but the day can extend to 7am-5:30pm if needed). Through insurance companies, offers ABA Therapy in-home for children with disabilities. Also offers parent trainings/workshops to the community on a bi-monthly basis.
Categories: Disabilities, Education

Cystic Fibrosis Foundation: Northeastern NY Chapter
455 Patroon Creek Blvd, Albany, NY 12206
518-453-3583
Website: https://www.cff.org/NortheasternNY/
Description: A foundation which informs people with cystic fibrosis on how to deal with the disease and navigate the health care system.
Categories: Health Care

Dance Force
2235 Upper Broadway, Schenectady, NY 12306
518-382-8480
Hours: Mon-Thurs, 4-7 pm, Saturday 9am-11:30 pm
Website: http://www.danceforceinc.com/
Description: Offers multiple kinds of dance classes, including: Tap, Jazz, Ballet, Hip Hop, Lyrical/Modern, Gymnastics, Zumba, and Barre Flow.
Categories: Community

Dance Me, LLC
1619 Union St, Niskayuna, NY 12309
126 Saratoga Rd, Glenville, NY 12302
518-836-5102
Website: http://www.dancemeschool.com/
Description: Dance school that offers classes from age 2-adulthood.
Categories: Community

The Dapper Man Program
dappermanprogram@gmail.com
Website: https://www.facebook.com/pg/dappermanprogram/about/?ref=page_internal
Description: An organization that works with the City Mission to provide men with professional clothing for job interviews and work.
Categories: Clothing

Darul Taqwah
1214 State St, Schenectady, NY 12304
518-374-1839
Description: Mosque
Categories: Minority Services

Delanson Village Hall
1797 Main St, Delanson, NY 12053
518-895-2199
Website: https://www.delanson.net/
Description: Includes aspects such as zoning board of appeals and water department. Town board meeting held the 2nd Monday of the month at 7pm.
Categories: Government

Depression Support Group of Albany
Website: http://www.meetup.com/Depression-Albany/
Description: Offers support groups and social events for those struggling with depression; contact for more information (through website).
Categories: Support Groups

Double H Ranch
97 Hidden Valley Road, Lake Luzerne, NY 12846
518-696-5676
Website: http://www.doublehranch.org/
Description: Summer camp and additional programs for children with life-threatening illnesses. All programs are free of charge.
Categories: Health Care, Youth

Downtown Schenectady Improvement Corp
143 State St, Schenectady, NY 12305
518-377-9430
Website: http://downtownschenectady.org/
http://www.cityofschenectady.com/408/Neighborhood-Associations
Description: Dedicated to working on the improvement of downtown Schenectady. For meeting times, please call number above.
Categories: Community

Dream Again Basketball
433 State St, Schenectady, NY 12305
518-860-3507
Duanesburg Historical Society
Bishop Scully Hall, 1735 Alexander Road, Delanson, NY 12053
Website: http://www.duanesburghistorical.com/
Description: Runs programs in the community celebrating the history of Duanesburg.
Categories: Community

Duanesburg/Princetown Summer Park Program
Park Rd, Duanesburg, NY 12056
518-506-8412
Hours: Mon- Fri, 9am-12pm
Website: http://www.duanesburghistorical.com/
Description: For elementary/middle school children @ Van Patten Mill Park. Parents are encouraged to stay. Contact Vanessa Baker for more information.
Categories: Youth

Duanesburg Town Hall
5853 Western Turnpike, Duanesburg, NY 12056
518-895-8920
Website: http://www.duanesburghistorical.com/
Description: Oversees town departments and shares information about upcoming events. Town Board Agenda Meeting held the 1st Thursday of the month at 7pm; Regular Meeting the 2nd Thursday of the month at 7pm.
Categories: Government

Duanesburg YMCA/Senior Community Center
221 Victoria Dr, Delanson, NY 12053
518-895-9500
Website: http://cdymca.org/locations/duanesburg-ymca/
http://www.rcda.org/churches/OurLadyOfFatima/senior_dining_center.html
Description: YMCA offers activities for youth. For seniors, low cost meal available Mon/Wed/Fri at 12pm (suggested donation of $3.25)
Categories: Food Resources, Seniors, Youth

East Front Street Neighborhood Association
1473 Erie Blvd, Schenectady, NY 12305
518-372-0036
cruscitto@aol.com
Hours: 4th Wed of the month, 7pm
Website: http://www.cityofschenectady.com/408/Neighborhood-Associations
Description: Neighborhood association meets in the Legere building.
Categories: Community

Eastern Ave Neighborhood Association
600 McClellan St, Schenectady, NY 12304
518-986-0959
rlharvey44@hotmail.com
Hours: Last Tues of the month, 6:30pm
Website: http://www.cityofschenectady.com/408/Neighborhood-Associations
Description: Meets in the Walt Robb Auditorium at the Ellis McClellan Campus. No December, July, or August meetings.
Categories: Community

Eastern Parkway United Methodist Church
943 Palmer Ave, Schenectady, NY 12309
518-374-4306
Website: http://easternparkwayumc.com/
Description: Hosts an Overeaters Anonymous Meeting on Fridays at 6pm (open, literature study, wheelchair accessible).
Categories: Support Groups

Easton Mountain
391 Herrington Hill Road, Greenwich, NY 12834
518-692-8023
Website: http://www.eastonmountain.org/
Description: Offers different retreat opportunities for LGBT individuals (scholarships available on a limited basis by application). Art in the Woods retreat available for homeless/at-risk LGBTQ youth for free. Also hosts a free Leadership Academy for at-risk youth.
Categories: LGBTQ+, Youth

ECOS: The Environmental Clearinghouse
2682 Aqueduct Rd, Niskayuna, NY 12309
518-370-4125
Website: http://www.ecosny.org/
Description: Hosts weekly Tuesday morning nature walks in different areas of the Capital Region, takes field trips, and offers environmental classes for children and adults.
Categories: Environment
Electric City Co-Op  
518-522-9201  
Website: http://www.electriccityfood.coop/  
Description: Currently attempting to gain enough members to create a co-op, this organization wants to create a grocery store in downtown Schenectady. The location has not yet been decided for the market.  
Categories: Food Resources

Ellis Hospital  
1101 Nott St, Schenectady, NY 12308  
Main Number: 518-243-4000  
Information: 518-243-4366  
Emergency: 518-243-4121  
Website: http://www.ellismedicine.org/  
Description: Emergency, inpatient, and psychiatric care. Crisis Information and Referral Hotline open 24/7.  
Categories: Addiction, Family Planning/Pregnancy, Food Resources, Health Care, Mental Health/Counseling

Ellis Medical Home  
600 McClellan St, Schenectady, NY 12304  
855-204-0888  
Website: http://www.ellismedicine.org/medical-home/default.aspx  
Description: Offers medical services. Care Central Program includes wrap around services for individuals. At the hospital, a free tax prep program is run (need to have: photo ID, bank account information, tax returns, Social Security card for all on tax form, Form 1095-A, Childcare documentation, unemployment forms)  
Categories: Financial & Energy Assistance, Health Care, Homelessness/Housing, Mental Health/Counseling, Veterans

Ellis Medicine: Child & Adolescent Treatment Services  
624 McClellan St, Schenectady, NY 12304  
518-382-2290  
Website: http://www.ellismedicine.org/services/mental-health.aspx  
Description: A safe environment for children seeking mental health treatment.  
Categories: Mental Health/Counseling

Ellms Farm  
448 Charlton Rd, Ballston Spa, NY 12020  
518-884-8168  
Hours: Wed-Fri 10am-1pm; Sat/Sun 10am-6pm (in season only)  
Website: http://www.ellmsfarms.com/  
Description: Offers a number of fun activities for youth/families.  
Categories: Youth

Emma Treadwell Thacher Nature Center  
87 Nature Center Way, Voorheesville, NY 12186  
518-872-0800  
Website: https://parks.ny.gov/environment/nature-centers/8/details.aspx  
Description: Located inside of Thacher Park, the nature center offers exhibits, interactive displays, trails, and educational programs for the community year round.  
Categories: Environment, Youth

Emmanuel Friedens Church  
218 Nott Terrace, Schenectady, NY 12307  
518-374-4114  
Website: http://emmanuelfriedens.org/  
Description: Hosts two Narcotics Anonymous groups: Courage to Change on Sundays 7-8:30pm (open, steps, tradition); Midday Recovery on Wed/Thurs 1-2:30 (open). Also hosts a free community meal on the last Saturday of the month from 10-11am. This is an open and affirming church for the LGBTQ+ community.  
Categories: Addiction, Food Resources, LGBTQ+

Empire State Aerosciences Museum  
250 Rudy Chase Drive, Glenville, NY 12302  
518-377-2191 ext. 10  
Hours: Saturday/Sunday 10am-4pm  
Website: http://www.esam.org/  
Description: Admission to the museum: Adults $8, Children (6-16) $6, Children under 6 free. Part of the Schenectady County Public Library Museum Pass Program.  
Categories: Community, Youth

Epilepsy Foundation Northeastern New York  
3 Washington Square, Albany, NY 12205  
518-456-7501  
Website: http://www.epilepsy.com/local/northeastern-new-york  
Description: Provides advocacy, counseling, information/referral, support groups, etc. Offers a Teen To Teen support group for teens 13-19 with epilepsy, as well as an adult support group for individuals 20+ with epilepsy.  
Categories: Health Care, Support Groups

Equinox  
362 State St, Albany, NY 12210  
518-434-6135  
Website: http://www.equinoxinc.org/index.php  
Description: Offers a Chemical Dependency Counseling Center for both youth and adults, free domestic violence services for victims and their dependent children, including case management, a shelter, and transitional housing, and counseling available for adults (18+) struggling with mental illness. GreatFinds: Thrift boutique which serves as a vocational training center for women. Thanksgiving Meal: Offered through the First Pres Church in Albany, serving meals up to 40 miles away. Must call between Oct and Thanksgiving.  
Categories: Addiction, Domestic Violence, Employment, Food Resources, HIV/AIDS, Mental Health/Counseling, Youth
Eyes Wide Open NENY
1775 Van Vranken Ave, Schenectady, NY 12308
518-937-3976
Website: http://eyeswideopenneny.org/
Description: Her Treasure Box: an arts and crafts thrift store run to raise awareness of sex trafficking. Low-cost arts/crafts items available. Offers free art classes to the community, as well as a safe space for people to sit and talk.
Categories: Community, Sexual Assault

Families Work Program
945 Palmer Ave, Schenectady, NY 12309
518-346-1285 (ext. 7516)
Website: http://www.neparentchild.org/program/families-work/
Description: Offers domestic violence education and training.
Categories: Domestic Violence

Family and Child Service of Schenectady
246 Union St, Schenectady, NY 12305
518-393-1369
Website: http://www.familyandchildservice.com/?_sm_au_=iVVMN61JWRj7TPP7
Description: Offers Medicaid service coordination, family/caregiver support services, family therapy, a yearlong employment program, the homemaker program (long term care assistance – house cleaning, medication management, etc.), and counseling services.
Categories: Disabilities, Mental Health/Counseling, Seniors

Farm to Preschool I Farmer’s Market
44 Washington Ave, Schenectady, NY 12305
Hours: Tues 2:30-5:30 pm, June 14- Sept 27
Description: Farmer’s market run out of the YWCA.
Categories: Food Resources

Farm to Preschool II Farmer's Market
125 Bigelow Ave, Schenectady, NY 12304
Hours: Thurs 2-5pm, June-Sept.
Categories: Food Resources

Father Leo O’Brien Senior Community
3151 Marra Ln, Schenectady, NY 12303
518-357-4424
Website: http://www.depaulhousing.com/communities.htm
Description: Senior housing development.
Categories: Seniors

Fire Dance Fitness
446 Saratoga Rd, Glenville, NY 12302
518-557-2326
Website: http://www.firedancefitness.com/home.html
Description: Offers multiple kinds of dance classes, including ballroom, line dancing, Zumba, yoga, and pilates.
Categories: Community

First Church of the Nazarene
2535 Consaul Rd, Schenectady, NY 12304
518-372-0445
Hours of Group: Mon 6:30pm
Website: http://schenectadynazarene.org/
Description: Offers an Alcoholics Anonymous group (open, discussion)
Categories: Addiction

First Reformed Church
8 N. Church St, Schenectady, NY 12305
518-377-2201
Website: https://www.1streformed.com/
Description: Open and affirming church for LGBTQ individuals. Also hosts a Gambler’s anonymous group Mondays 6:30-8pm (open).
Categories: Support Groups, LGBTQ+

First Unitarian Universalist Society of Schenectady
1221 Wendell Ave, Schenectady, NY 12308
518-374-4446
Website: http://uuschenectady.org/
Description: An LGBTQ+ welcoming faith community. A support group offered at this location through the Pride Center the 2nd Tues of the month at 7pm for family and friends of LGBTQ people.
Categories: LGBTQ+

First United Methodist Church
603 State St, Schenectady, NY 12305
518-374-4403
Website: http://fumcschenectady.org/
Description: Provides a free community meal Sundays from 8:30-9:30am (except for the 1st Sunday of the month). Also offers three free concerts annual to the community, normally in Oct, March, May.
AA Groups:
- Mon 8am (Open, Big Book)
- Tues 8am (Open, Discussion)
- Wed 8am (Closed, Steps, Traditions)
- Thurs 8am (Open, Discussion)
- Fri 8am (Open, Beginners, Anniversary)
- Saturday 7:30pm (Closed, Discussion)
Categories: Addiction, Community, Food Resources, LGBTQ+

Friendship Baptist Church
409 Union St, Schenectady, NY 12308
518-374-8679
Hours of Group: Sunday 7pm
**Friendship House**  
955 State St, Schenectady, NY 12307  
518-374-4396  
Description: Free clothing giveaway held twice a year.  
Categories: Clothing

**Furballs Rescue**  
966 O’Brien Ave, Schenectady, NY 12303  
Website: [https://www.facebook.com/furballscatrescue/](https://www.facebook.com/furballscatrescue/)  
Description: Local cat rescue.  
Categories: Pets

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**The Gathered Remnant Ministry**  
1374-76 10th Ave, Schenectady, NY 12303  
518-374-3487  
Description: Offers a food pantry and clothing pantry on the 3rd Tuesday & 4th Thursday of the month from 1-6pm. Also offers a free community meal on the 3rd & 4th Saturday of the month from 12:30-3pm.  
Categories: Clothing, Food Resources

**GE Kids Get In Free Days**  
Website: [http://www.gekidsinfreedays.com/](http://www.gekidsinfreedays.com/)  
Description: Advertises events where children under 12 can go to events with one paid adult admission.  
Categories: Youth

**Girls Inc.**  
962 Albany St, Schenectady, NY 12307  
518-374-9800  
Hours: 2-5:30pm  
Website: [http://girlsinccapitalregion.org/](http://girlsinccapitalregion.org/)  
Description: Offers multiple after school programs for school-aged girls. Ages split K-2nd and 3rd-12th. Girls can choose after-school program schedule and decide what classes they would like to take, all for free. Summer programs also available (private pay) and Feb/April break programming (private pay).  
Categories: Education, Food Resources, Minority Services, Youth

**Girls Scouts of Northeastern NY**  
8 Mountain View Ave, Albany, NY 12205  
518-489-8110  
Hours: Mon-Fri, 8:30am-4:30pm

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**Give Back a Smile**  
1-800-773-4227  
givebackasmile@aacd.com  
Website: [http://www.aacd.com/aboutGBAS](http://www.aacd.com/aboutGBAS)  
Description: Free dental work for injuries as a result of domestic abuse. Must be out of abusive relationship as least 1 year.  
Categories: Domestic Violence, Health Care

**Glenville Co-Op Nursery School**  
224 N. Ballston Ave, Scotia, NY 12302  
518-377-4878  
Website: [http://glenvillenurserieschool.org/index.html](http://glenvillenurserieschool.org/index.html)  
Description: Co-op nursery school for children ages 3 & 4. Three year old class meets Tues/Fri 9-11:30am; 4 year old class meets Mon/Wed/Thurs 9-11:30am. Also offers a 4 year old pre-kindergarten class Mon-Fri, 12:30-3pm. Additionally, this school runs a six week summer camp, Mon-Fri from 9-11:30am or 12-3:30pm.  
Categories: Child Care

**Glenville Municipal Center**  
18 Glenridge Rd, Glenville, NY 12302  
518-688-1200  
Website: [http://www.townofglenville.org/Public_Documents/index](http://www.townofglenville.org/Public_Documents/index)  
Description: Oversees town departments such as town attorney and town clerk. Town Board Meetings are held the 1st/3rd Wednesday of the month at 7pm.  
Categories: Government

**Glenville Terrace Apartments**  
389 Saratoga Rd, Glenville, NY 12302  
518-399-2696  
Description: Affordable senior housing (55+).  
Categories: Seniors

**Glenville YMCA**  
127 Drums Rd, Glenville, NY 12302  
518-399-8118  
Website: [http://cdymca.org/locations/glenville-ymca/](http://cdymca.org/locations/glenville-ymca/)  
Description: Offers programs for youth.  
Categories: Youth

**Good Shepherd Lutheran Church**  
547 Saratoga Rd (Rt. 50), Glenville, NY 12302  
518-399-4540  
Website: [http://www.goodshepherdglenville.com/](http://www.goodshepherdglenville.com/)  
Description: Hosts two Alcoholics Anonymous meetings: Thurs 6:30pm (Closed, Women only, Big Book) and Saturday
9:15am (Open, Women Only, Steps). Both meetings are wheelchair accessible.

**Goodwill**
1400 Altamont Ave, Rotterdam, NY 12303
518-355-4265
**Hours:** Mon-Saturday, 9am-9pm; Sunday, 10am-8pm
**Website:** [http://goodwillny.org/](http://goodwillny.org/)
**Description:** Offers clothing for a low price.
**Categories:** Clothing

**Goose Hill Neighborhood Association**
518-346-4850
camilleintheegarden@yahoo.com
**Hours:** Last Thurs of the month, 7pm (Sept-June)
**Description:** Please call for the meeting location.
**Categories:** Community

**Grassroot Givers**
274 Washington Ave, Albany, NY 12203
518-817-5921
**Website:** [http://www.grassrootgivers.org/](http://www.grassrootgivers.org/)
**Description:** Offers a community store with clothing and accessories for men, women, and children, as well as household goods and personal care items. Runs Little Free Libraries in Albany, where community members can borrow books. Also gives books away at the community store.
**Categories:** Clothing, Homelessness/Housing

**Guilderhaven, Inc.**
6655 Route 158, Altamont, NY 12009
518-861-6861
**Website:** [http://www.guilderhaven.org/](http://www.guilderhaven.org/)
**Description:** Provides low cost spay/neuter, food, and medical intervention for pets.
**Categories:** Pets

**Guilderland YMCA**
250 Winding Brook Drive, Guilderland, NY 12084
518-456-3634
**Website:** [http://cdymca.org/programs/circle-of-champs/](http://cdymca.org/programs/circle-of-champs/)
**Description:** Offers recreational programs for youth. Also runs the Circle of Champs Program for youth touched by a life-threatening illness (free).
**Categories:** Health Care, Youth

**Guyanese American Association of Schenectady**
1640 Eastern Pkwy, Schenectady, NY 12309
518-374-2368
**Hours:** Last Thurs of the month, 6pm
**Description:** Neighborhood Association meets in the Price Chopper Community Room.
**Categories:** Community

**Habitat for Humanity**
115 N. Broadway, Schenectady, NY 12305
518-395-3412 ext. 106
**Website:** [http://schenectadyhabitat.org/](http://schenectadyhabitat.org/)
**Description:** Assists individuals and families in obtaining permanent home ownership. Housing is affordable, but individuals and families need to be part of the building process.
**Categories:** Homelessness/Housing

**Habitat for Humanity: Re-Store**
115 N. Broadway, Schenectady, NY 12305
518-395-3412 ext. 106
**Website:** [http://schenectadyhabitat.org/restore/overview/](http://schenectadyhabitat.org/restore/overview/)
**Description:** A store which offers low cost furniture.
**Categories:** Homelessness/Housing

**Hamilton Hill Arts Center**
409 Schenectady St, Schenectady, NY 12307
518-346-1262
**Website:** [http://www.hamiltonhillartscenter.org/](http://www.hamiltonhillartscenter.org/)
**Description:** A cultural arts center that focuses on youth. Runs educational programs on African and African-American culture. Runs an after-school program focused on arts, a steel drumming music program, and a six week summer arts program. Also offers some adult-based programs and workshops throughout the year.
**Categories:** Community, Education, Minority Services, Youth

**Hamilton Hill Neighborhood Association**
540 Mumford St, Schenectady, NY 12307
518-728-8419
**Hours:** 1st Thurs of the month, 6:30pm
**Description:** Neighborhood Association meets at Bethel AME Church on Mumford St.
**Categories:** Community

**Hannaford (Brain Injury Survivors & Caregivers)**
900 Central Ave, Albany, NY 12206
518-459-7911
**Website:** [https://bianys.org/programs/support-groups/support-group-list/](https://bianys.org/programs/support-groups/support-group-list/)
**Description:** Support group for brain injury survivors/caregivers. Meets the 2nd Tues of the month from 7-8:30pm in the Hannaford Community Room.
**Categories:** Support Groups

**Harmony Fellowship**
888 Albany St, Schenectady, NY 12307
518-331-6243
**Website:** [http://www.harmonyfellowship.org/](http://www.harmonyfellowship.org/)
**Description:** Offers a food pantry on the 2nd and 4th Thurs of
the month, 3-5pm. Also has a coffee shop, open Mon-Fri 2-6pm.
Categories: Community, Food Resources

Help Heal Vets
Website: https://www.healvets.org/for-veterans/request-home-delivery
Description: Provides therapeutic craft kits for veterans.
Categories: Community, Veterans

Heritage Home for Women
1519 Union Street, Schenectady, NY 12309
518-374-6921
Website: http://www.heritagehome4women.net/
Description: Housing for older women; wrap-around care available. Provides assistance with medication management and offers multiple activities for residents. Monthly rent includes a private room, three meals a day, activities, personal care assistance, medication management, housekeeping, laundry, and seasonal activities.
Categories: Seniors

Highland Square
88 Saratoga Rd, Schenectady, NY 12302
518-399-6481
Website: http://www.belmontmgmt.com/apartment-listings/highland-square/
Description: Senior housing for individuals 62+.
Categories: Seniors

Hildegard Medicus Cancer Center
1300 Massachusetts Avenue, Troy, NY 12180
518-268-5060
Website: https://www.nehealth.com/Medical_Care/Specialties/Cancer_Treatment/Integrative_Wellness/
Description: Offers integrative wellness cancer care. Multiple services offered free of charge for cancer patients.
Categories: Health Care

Hindu Temple Society of the Capital District
450 Albany Shaker Rd, Albany, NY 12211
518-459-7272
Website: http://www.hindutemplealbany.org/
Categories: Minority Services

Holly Manor
2415 Curry Rd, Rotterdam, NY 12303
518-356-6811
Description: Senior housing.
Categories: Seniors

Holy Name of Jesus
1040 Pearl St, Schenectady, NY 12303
518-372-1992
Website: http://www.holynamecense.org/
Description: Offers a free community meal on the 3rd Sunday of the month.
Categories: Food Resources

Holyrood Housing
201 5th St, Scotia, NY 12302
518-374-7407
Website: http://www.burnsmgmt.com/holyrood/
Description: Housing for seniors 62+ or the disabled.
Categories: Seniors

Hometown Health Center
1044 State St, Schenectady, NY 12307
518-370-1441
Medical Hours: Mon-Thurs 8am-7pm; Fri 8am-5:30 pm; Saturday 9am-1 pm
Dental Hours: Mon-Thurs 7am-7 pm; Fri 7am-5:30 pm; Saturday 9am-1 pm
Website: http://hometownhealthcenters.org/
Description: Offers medical, dental, and behavioral health services. Services provided on a sliding scale fee (proof of income needed). Walk-in STD clinic offered on Tuesdays, 5-7pm. This is a SCAP satellite site every Thursday from 9am-4pm.
Categories: Family Planning/Pregnancy, Health Care, HIV/AIDS

HPA/LiveWell: Intensive Outpatient Program
260 Washington Ave Ext., Albany, NY 12203
518-218-1188
Hours: Mon – Thurs: 8:30 am – 8:00 pm; Fri: 9:00 am – 12:00 pm; Saturday: 9:00 am – 5:00 pm
Website: http://hpalivewell.com/eating-disorder-treatment/
Description: Offers counseling for individuals with eating disorders
Categories: Mental Health/Counseling

Hulett Market
780 State St, Schenectady, NY 12307
Website: http://www.capitalroots.org/programs/healthy-stores/rensselaer-county/
Description: Part of the healthy stores initiative; has fresh produce.
Categories: Food Resources

IBB Grocery
502 Schenectady St, Schenectady, NY 12307
Website: http://www.capitalroots.org/programs/healthy-stores/rensselaer-county/
Description: Part of the healthy stores initiative; has fresh produce.
Categories: Food Resources
Immaculate Conception
400 Saratoga Rd, Scotia, NY 12302
518-399-9168
Website: http://www.icglenville.com/
Description: Hosts an Alcoholics Anonymous meeting on Saturdays at 9:15am in the School Library (Men Only, Closed, Discussion).
Categories: Addiction

Indian Ladder Farms
342 Altamont Rd, Altamont, NY 12009
518-765-2956
Hours: Sunday-Saturday, 9am-5pm
Website: http://www.indianladderfarms.com/
Description: A family owned farm that offers educational opportunities for youth. Offers a “Barn School” for youth to explore the farm, including the farm animals, gardens, and orchard. Summer programs available, as well. Also runs “Baby Animal Days” for youth, where children can pet and learn about baby farm animals (admission $6 per child; adults accompanying children are free). Fresh apples and berries also available in season.
Categories: Environment, Youth

In Our Own Voices
245 Lark Street, Albany, NY 12210
518-432-4188
Website: http://www.inourownvoices.org/
Description: An organization dedicated to serving the LGBTQ community. Offers free legal clinics, an HIV prevention program for transgendered individuals, and emergency assistance for the LGBTQ community. Also gives out free hygiene and safe sex kits monthly, and offers confidential HIV testing.
Categories: HIV/AIDS, Legal Assistance, LGBTQ+

Interfaith Community of Schenectady
811 N. Brandywine Ave, Schenectady, NY 12308
518-370-2150
Website: http://schenectadyinterfaith.weebly.com/
Description: Offers free Tai Chi classes at the Schenectady Center for Well Being (First United Methodist Church) on Tuesdays from 10-11am and Sundays from 11:30am-12:30pm.
Categories: Community, Minority Services

International Center of the Capital Region
65 First Street, Troy, NY 12180
518-708-7608
Website: http://www.iccralbany.org/index.php?subj=49
Description: This organization is focused on promoting international understanding. Located in Hart Hall, Room 306.
Categories: Minority Services

Islamic Center of the Capital District
21 North Lansing Rd, Schenectady, NY 12304
518-370-2664
Website: https://www.iccdny.org/

Description: Offers Youth Meetings for Muslim youth on Saturdays at 2:30pm.
Categories: Minority Services, Youth

Jacob’s Well
1910 Broadway, Schenectady, NY 12306
518-393-1341
Hours: Wed 4:30-7:30pm, Thurs 11:30am-7:30pm, Fri 11:30am-3:30pm, Saturday 9:00am-1:00 pm
Website: http://bellevuereformed.org/?page_id=1890
Description: Provides low-cost meals for the community, as well as a safe place to come and relax. Craft Night is the 2nd Thursday of the month (5-7pm); Adult Coloring Night is the last Thursday of the month (5-7pm).
Categories: Community, Food Resources

Jack’s Place
17 Rosa Road, Schenectady, NY 12308
518-370-1683
Website: http://www.jackfalvoiiifoundation.com/
Description: Offers housing for out of town families/individuals who have a loved one rehabilitating in Ellis Hospital or Sunnyview Rehabilitation.
Categories: Health Care

Jay Street Business Association
160 Jay Street, Schenectady, NY 12305
518-669-8946
jaystreetsundaymarket@gmail.com
Hours: 3rd Wed of the month
Website: http://www.cityofscheneectady.com/408/Neighborhood-Associations
Description: Neighborhood Association meets at a Jay Street business (differs month-to-month).
Categories: Community

Jessica Reichert: ABA Therapy for Autistic Children
101 State St, Schenectady, NY 12305
518-366-9675
Description: Offers behavioral therapy at listed location, in community, in homes, or in schools. Accepts CDPHP.
Categories: Disabilities, Mental Health/Counseling

Jewish Community Center
2565 Balltown Rd, Niskayuna, NY 12309
518-377-8803
Hours: Mon-Thurs 5:30am-9:30pm, Fri 5:30am-6:00pm, Saturday/Sun 7:00am-6:00pm
Website: http://www.schenectadyjcc.org/
Description: Offers multiple classes, including: Land/water
exercise classes: Bridge (Tu at 11:30), Ceramics (Th 1-3), Silver Sneakers (fitness); at least $5 without membership, price varies per class. Also provides a low cost meal to seniors 60+ ($3.25) on Mon/Wed/Fri at 12pm.

Categories: Community, Food Resources, Minority Services, Seniors

Jewish Family Services
877 Madison Ave, Albany, NY 12208
518-482-8856
Website: http://www.jfsneny.org/programsservices/groups/
Description: Offers an Anger Management Group, which satisfies court/legal requirements; rolling admission, $50 intake and $20 per class. Also provides general counseling to the community.
Categories: Family Planning/Pregnancy, LGBTQ+, Mental Health/Counseling

Jewish Family Services: Schenectady Office
603 State St, Schenectady, NY 12305
518-370-1666
Website: http://www.jfsneny.org/contact-us/
http://www.havenofschdy.org/
Description: Offers counseling which specializes in depression/anxiety, stress management, grief/loss, abuse, etc. Located at First United Methodist Church.
Categories: Mental Health/Counseling

Joan Nicole Prince Home
22 Glenview Dr, Scotia, NY 12302
518-346-5471
Website: http://www.joannicoleprincehome.org/
Description: Provides a safe and caring residence for the terminally ill who have a prognosis of three months or less.
Categories: Health Care

Kenney Community Center
257 Park Pl, Schenectady, NY 12308
518-388-6609
Website: https://www.union.edu/offices/kenney/
Description: Free after-school programs available for children; includes STEP program for low income or minority youth. Also offers a 3 week summer program. This is a free tax preparation site (Bring: photo ID, bank account information, tax returns, Social Security card for all on tax form, Form 1095-A, Childcare documentation, unemployment forms)
Categories: Education, Financial & Energy Assistance, Minority Services

Kid’s Art Festival
Website: http://www.kidsartsfestivalschenectady.com/
Description: Annual Kid’s Art Festival is held on the streets around City Hall and on Jay Street; website will update the community each year on day/time and events that will occur at the festival.
Categories: Community, Youth

The King’s Dancers
105 Mohawk Ave. Scotia, NY 12302
518-312-4290
Website: http://www.kingsdancers.com/
Description: A Christian School of Dance and Performing Arts. Offers classes in ballet, hip hop, jazz, pointe, tap, lyrical, contemporary, acro, tumbling, and technique. Also offers preschool classes.
Categories: Community, Education

Lasalle School
391 Western Ave, Albany, NY 12203
518-242-4731
Website: http://www.lasalle-school.org/
Description: Offers counseling, educational, and residential services for high-risk boys.
Categories: Mental Health/Counseling, Education

Laura Inspires
831 Union Street, Schenectady, NY 12308
518-866-3621
Website: https://laurainspires.com/
Description: Offers therapeutic practices and life coaching services, mindfulness mediation, and yoga therapy. Works with both children and adults, including those with special needs. Focuses a lot on trauma recovery. All services are offered on a sliding scale.
Categories: Disabilities, Mental Health/Counseling

The Lawrence Commons
2660 Albany Street, Schenectady, NY 12304
518-393-2412
Description: Housing for disabled persons.
Categories: Disabilities

Legal Aid Society of Northeastern NY
55 Colvin Avenue, Albany, NY 12206
518-462-6765
Website: https://www.lasnny.org/
Description: Offers free legal aid to victims of domestic violence and for individuals involved in civil cases.
Categories: Domestic Violence, Legal Assistance

LGBTQA Youth Group
433 State St, Schenectady, NY 12305
Hours: Thurs 6-7:30pm
Liberty Partnerships
78 Washington Ave, Schenectady, NY 12305
518-381-1364
Website: https://sunysccc.edu/Academics/K-12-Initiatives/Liberty-Partnership-Program
Description: Dropout prevention program for at-risk students, grades 5-12. Offers after school programs, college field trips, and career immersion lectures/speakers/field trips.
Categories: Education, Youth

Lighthouse Clothing Room
1234 Main St, Rotterdam Junction, NY 12150
518-355-2277
Description: Free clothing, shoes, pocketbooks available.
Categories: Clothing

Lighthouse Food Pantry
4780 Duanesburg Rd, Princetown, NY 12056
518-386-7000
Hours: Wed-Fri 4:00-6:00 pm
Categories: Food Resources

Lincoln Heights
478 Veeder Ave, Schenectady, NY 12305
518-386-7000
Website: http://smha1.org/publichousing.html
Description: 105 housing units for elderly/disabled families. Contact Schenectady Municipal Housing Authority.
Categories: Homelessness/Housing, Seniors

Literacy New York Greater Capital District
Albany Public Library, 61 Washington Avenue, Albany, NY 12210
Schenectady Public Library, 99 Clinton St, Schenectady, NY 12305
518-583-1232
Website: http://www.literacynycap.org/programs
Description: At the Albany Public Library, offers Citizenship Prep Classes, TASC Prep Classes, and English Classes. Tutoring available at the Schenectady Public Library.
Categories: Education, Minority Services

Little Italy Business Association
39 N Jay St, Schenectady, NY 12305
518-528-5870
Website: http://littleitalyschdy.com/home
Description: Quarterly meetings held at Cornell’s Restaurant.
Categories: Community

Living Resources: After-School Program
2070 Curry Rd, Rotterdam, NY 12303
518-218-0000 ext. 3340
Hours: Mon-Fri, 2:00-6:00 pm
Website: http://www.livingresources.org/index.php/after-school-program/70-after-school-program
Description: After school program held at Draper Middle School, for children/teens with disabilities.
Categories: Education

Living Resources: Art Program
2176 Guilderland Ave, Schenectady, NY 12306
518-218-0000
Website: http://www.livingresources.org/arts_program/
Description: Art program for adults with developmental disabilities
Categories: Community

Living Resources: Clinical Services
300 Washington Ave Ext, Albany, NY 12203
518-218-0000
Website: http://www.livingresources.org/
Description: Individual/Group therapy available. Veteran’s Service Project offered Mon-Fri 9:00am-5:30pm (Saturday by appointment); helps with employment, home health aides, etc.
Categories: Mental Health/Counseling, Veterans

Mabee Farm Historic Site
1100 Main St, Rotterdam Junction, NY 12150
518-887-5073
Hours: Tues-Saturday, 10am-4pm
Website: http://schenectadyhistorical.org/
https://www.facebook.com/mabeefarm/
Description: Offers an opportunity for schools to take field trips to the farm and house, as well as programming over school breaks. Walking tours available for the public – admission $5 for just the Mabee house, $7 for the house and the current exhibits (free for children). Part of the Schenectady County Public Library Museum Pass Program. Also runs annual festivals such as the Canal Fest in July and the Fall Foliage Festival.
Categories: Community, Youth

MacGathan Townhouses
152-195 Jerry St, Schenectady, NY 12304
518-386-7000
Website: http://smha1.org/publichousing.html
Description: Offers 50 units for families with children. Contact Schenectady Municipal Housing Authority.
Categories: Homelessness/Housing

Maryvale Apartments
292-299 Starling Ave, Schenectady, NY 12304
518-386-7000
Website: [http://smha1.org/publichousing.html](http://smha1.org/publichousing.html)
**Description:** Offers 8 units for housing for families with children. Contact Schenectady Municipal Housing Authority.
**Categories:** Homelessness/Housing

**Mediation Matters**
1473 Erie Blvd #302, Schenectady, NY 12305
518-847-0117
Website: [http://www.mediationmatters.org/](http://www.mediationmatters.org/)
**Description:** Assists individuals in conflict with resolving issues.
**Categories:** Mental Health/Counseling, Veterans, Youth

**Mental Health Empowerment Project**
3 Atrium Drive, Suite 205; Albany, NY 12205
518-434-1393
Website: [http://www.mhepinc.org/](http://www.mhepinc.org/)
**Description:** Provides skill building activities and self-help education concerning mental health. Also hosts workshops/seminars.
**Categories:** Mental Health/Counseling

**Messiah Lutheran Bread of Life Food Pantry**
2850 Guilderland Ave, Schenectady, NY 12306
518-374-5104 or 518-355-5177
Website: [http://www.messiahschenectady.org/](http://www.messiahschenectady.org/)
**Description:** Food pantry available by referral only; one visit per month.
**Categories:** Food Resources

**Miracle on Craig Street**
1055 Wendell Ave, Schenectady, NY 12308
518-982-5050
Website: [http://www.miracleoncraigstreet.org/](http://www.miracleoncraigstreet.org/)
**Description:** Offers a divorce support group, Mondays from 6:30-8pm.
**Categories:** Support Groups

**Mohawk Opportunities**
201 Nott Terrace, Schenectady, NY 12307
518-374-8424
Website: [http://www.mohawkopportunities.org/programs.html](http://www.mohawkopportunities.org/programs.html)
**Description:** Multiple housing options for adults 18+ with a severe and persistent mental illness; only referrals accepted. Affordable housing available for those with HIV/AIDS.
**Categories:** HIV/AIDS, Homelessness/Housing, Mental Health/Counseling

**Mohonasen High School**
2072 Curry Road, Rotterdam, NY 12303
518-356-8303
**Description:** For Continuing Ed: Fees apply (residents get a discount).
**Categories:** Education

**Mont Pleasant Commons**
1502 Chrisler Avenue, Schenectady, NY
518-382-1848
Website: [http://cdymca.org/programs/housing/mont-pleasant-commons/](http://cdymca.org/programs/housing/mont-pleasant-commons/)
**Description:** Offers 49 non-smoking affordable senior apartments; applicants must be at least 62 years old.
**Categories:** Seniors

**Mont Pleasant Merchants**
(518) 864-5849
**Description:** Association of merchants in Mont Pleasant, led by Rev. James H. Bookhout of The Bridge Christian Church. Currently, no meetings are scheduled.
**Categories:** Community

**Mont Pleasant Neighborhood Association**
1028 Ostrander Place, Schenectady, NY 12303
518-370-2260
mpnaschdy@gmail.com
**Hours:** 2nd Thursday of the month, 7:00pm
**Description:** Meets at Faith Tabernacle Church.
**Categories:** Community

**MiSci Museum of Science**
15 Nott Terrace Heights, Schenectady, NY 12308
518-382-7890
**Hours:** Mon-Saturday 9am-5pm, Sunday 12-5pm
Website: [http://www.misci.org/](http://www.misci.org/)
**Description:** Admission ranges from $7.50 to $10.50, with an additional $5 for Planetarium Show. Part of the Schenectady County Public Library Museum Pass program.
**Categories:** Community, Youth

**The Mission Community Church**
10 Old Plant Rd, Clifton Park, NY 12065
518-745-9912
Website: [http://www.themcc.tv/divorcecare/](http://www.themcc.tv/divorcecare/)
**Description:** Improv theatre that runs multiple programs and classes for the community. Performs every weekend. Also runs a youth program.
**Categories:** Community, Youth
Mother Goose Nursery School
2639 Hamburg St, Schenectady, NY 12303
518-355-8026
Website: https://www.facebook.com/pg/Mother-Goose-Nursery-Inc-171938389500397/about/?ref=page_internal
Description: A co-op nursery school in Rotterdam for children ages 3 & 4. Class for 3 year olds: Tues/Thurs 9-11am. Class for 4 year olds: Mon/Wed/Fri 9-11:30am.
Categories: Child Care

The Mr. Mo Project
518-435-5973
Website: http://www.mrmopproject.com/
Description: Assistance with elderly dog’s medical care available.
Categories: Pets

Music Box Arts
Eastern Parkway Methodist Church, 943 Palmer Ave, Schenectady, NY 12309
518-393-9580
Website: http://www.carolsmusictogether.com/index.htm
Description: Offers music classes for children birth - 9 years old at the Eastern Parkway Methodist Church in Schenectady. The mixed age class is for birth – 5 years old; the big kids class is for ages 5-7; and the babies class is for ages 3-4.
Categories: Youth

Muslim Community Center of the Capital District
21 North Lansing Road, Schenectady, NY 12304
518-708-9804
Website: http://mccalbany.org/
Description: Multiple programs for the Muslim community available, such as free basketball programs, soccer programs, and Zumba for women. Also offers a Food Pantry on the 2nd Saturday of the month from 11am-1pm; must bring ID and proof of address (such as a bill in your name).
Categories: Food Resources, Minority Services

My Place to Play
590 Giffords Church Rd, Rotterdam, NY 12306
(518) 346-3200
Website: http://myplace2play.com/
Description: Christian preschool program for students ages 2-4.
Categories: Child Care

Myers Ballet School
418 Liberty St, Schenectady, NY 12305
518-374-0376
info@myersballetschool.org
Website: http://www.myersballetschool.org/
Description: Free admission for boys ages 5-18. Special program offered: Friday boys’ class, 5:30-6:30, free class and dance attire.
Categories: Education, Youth

National Grid Consumer Advocate
518-433-3592
Website: http://www2.nationalgrid.com/
Description: Offers assistance with energy problems. Call for more information.
Categories: Financial & Energy Assistance

New Choices Recovery Center
302 State St, Schenectady, NY 12305
518-346-4436
Website: http://www.newchoicesrecovery.org/
Description: Clinical and residential services available for adults struggling with addiction.
Categories: Addiction, Mental Health/Counseling

New Russia Cultural Center
info@newrussiacenter.org
Website: http://www.newrussiacenter.org/
Description: Focuses on Russian culture and folklore through activities, education, and exposure.
Categories: Minority Services

New Sanctuary for Immigrants of the Capital Region
274 Sherman St, Albany, NY 12206
518-465-3685 ext. 10
Website: https://www.facebook.com/NS4Immigrants/
Description: New Sanctuary Meetings (Open to all): 2nd Monday of the Month @ 45 Trinity Place, Albany NY. Offers advocacy and support (groceries, clothing, school registration, etc.).
Categories: Minority Services

Newtonville United Methodist Church
568 Loudon Rd, Colonie, NY 12110
Alan Woolf: aswoolf1@aol.com
Website: http://www.numc.net/
Description: Holds a Survivors of Incest Anonymous meeting, Sunday 6-7pm, Rm 27, 2nd Floor; Survivors only; no scents (perfumes, etc.); must be 18 years or older.
Categories: Support Groups

New York State Division of Criminal Justice Services
Alfred E. Smith Building, 80 South Swan St, Albany, NY 12210
518-457-5837 or 1-800-262-3257
InfoDCJS@dcjs.ny.gov
Website: http://www.criminaljustice.ny.gov/
Categories: Government
New York State Division of Human Rights
Agency Building 1, 2nd Floor, Empire State Plaza, Albany, NY 12220
(518) 474-2705
InfoAlbany@dhr.ny.gov
Website: https://dhr.ny.gov/
Categories: Government

New York State Museum
222 Madison Avenue, Albany, NY 12230
518-474-5877
Museum Hours: Tues-Sunday, 9:30am-5pm
Carousel Hours: Tues-Sunday, 10am-4pm
Discovery Place Hours: Tues-Sunday, 10am-4pm
Website: http://www.nysm.nysed.gov/
Description: Offers exhibits on multiple topics on a rotating basis - some include wilderness, art, World Trade Center, etc. The Discovery Place portion of the museum offers hands-on exhibits. Admission to the museum and to the historic carousel is free. There is a suggested donation of $5 for an individual or $10 for a family. Programs run through the museum are also free.
Categories: Community, Youth

Nick’s Fight to be Healed Foundation
518-262-4679
Website: http://www.fighttobehealed.org/index.php
Description: Provides financial assistance for pediatric cancer patients and teen comfort bags to pediatric cancer patients ages 10-25.
Categories: Financial & Energy Assistance, Health Care

Niskayuna Community Action Program (NCAP)
2253 Story Ave, Niskayuna, NY 12309
518-374-0744
Website: http://ncapnisky.org/
Description: Supports a number of different youth groups for Niskayuna students, as well as parenting groups. Hosts drug take back days, and organizes the Niska Day community festival.
Categories: Youth

Niskayuna Community Day Care Center
1335 Balltown Road, Niskayuna, NY 12309
518-382-5732
Hours: Mon-Fri, 7am-5:45pm
Website: http://www.niskydaycare.com/
Description: Child care center for ages 18 months-4 years old. Also holds an after-school program.
Categories: Child Care, Education

Niskayuna Community Foundation
Six Tower Place, Albany, NY 12203
518-935-7899
Website: https://niskayunacf.org/
Description: Funds projects that serve the Niskayuna Community. Scholarships are available for Niskayuna students, as well.
Categories: Financial & Energy Assistance

Niskayuna Co-Op Nursery School
852 Ashmore Ave, Niskayuna, NY 12309
518-370-5705
Website: http://niskyunacopnurseryschool.com/wp/
Description: A co-op nursery school for children ages 3-5.
Categories: Child Care

Niskayuna Mom’s Group
niskyunamomsgroup@gmail.com
Website: http://www.niskyunamomsgroup.org/
Description: A group of moms in the Niskayuna area with children ages 0-5 (at events, school-aged children are welcome). This group plans playdates for children at local parks and at the Niskayuna Community Center. Annual membership fee is $25. Trial memberships are also available for 90 days to see if this group is a good fit.
Categories: Community, Family Planning/Pregnancy

Niskayuna Prescription Pill Drop Box
One Niskayuna Circle, Niskayuna, NY 12309
518-386-4500
Hours: Mon-Fri, 9am-5pm
Website: http://www.niskyunapills.org/
Description: An anonymous, safe option for disposal of prescription medications.
Categories: Addiction, Seniors

Niskayuna Reformed Church
3041 Troy-Schenectady Rd, Niskayuna, NY 12309
518-785-5575
Website: https://www.niskyunareformed.org/
Description: Hosts a Workaholics Anonymous group on Mondays at 6pm (Open, Discussion, Steps). Wheel chair accessible.
Categories: Support Groups

Niskayuna School District
1239 Van Antwerp Rd, Niskayuna, NY 12309
518-377-4666 ext. 50731
Website: http://www.niskyunaschools.org/community/continuinged.cfm
Description: Offers Continuing Education classes Mon-Fri 1-4pm from September-June. For non-residents, fees apply. Enrollment is first come, first serve.
Categories: Education

Niskayuna Senior Center
2682 Aqueduct Rd, Niskayuna, NY 12309
518-372-4969
Hours: Tues/Thurs, 9am-3pm
Website: http://www.niskyunaschools.org/senior-center
Description: Transportation to the senior center, medical appointments, and for shopping trips is available for
Niskayuna Seniors. Lunch offered Tues/Thurs at 12pm for $5. Multiple activities held at the senior center. On 3rd Tues of the month, 10am, Computer class offered (call to register). On 1st Tues of the month, 9am-12pm, walk-in computer clinic available on drop-in basis; free support available.

**Categories:** Food Resources, Seniors, Transportation

### Niskayuna Town Hall
One Niskayuna Circle, Niskayuna, NY 12309
518-386-4500

**Hours:** Mon-Fri, 9am-5pm

**Website:** [http://www.niskayuna.org/](http://www.niskayuna.org/)

**Description:** At this location is a Prescription Pill Drop Box, an option for individuals to safely and anonymously dispose of prescription medication.

**Categories:** Government

### Northeast Kidney Foundation
501 New Karner Rd, Albany, NY 12205
518-533-7880

**Website:** [https://healthykidneys.org/patient-services/](https://healthykidneys.org/patient-services/)

**Description:** For those with kidney problems, offers emergency financial assistance, nutrition supplements for dialysis patients exhibiting symptoms of malnourishment, and transportation subsidies for non-Medicaid patients to/from dialysis. Also hosts a support group for those with kidney issues on the 2nd Sunday of the month from 12-2pm.

**Categories:** Health Care, Support Groups

### Northeast Parent & Child Society
530 Franklin St, Schenectady, NY 12305
518-381-8911

**Hours:** Mon-Thurs 8:30am-8:00pm; Fri 8:30am-5:00pm

**Website:** [http://www.neparentchild.org/](http://www.neparentchild.org/)

**Description:** Must be referred by Social Services. Offers child sexual abuse counseling, and crisis consultation 24 hours a day through the Behavioral Health Center.

**Categories:** Child Abuse, Mental Health/Counseling, Sexual Assault

### Northeastern Association of the Blind at Albany
301 Washington Ave, Albany, NY 12206
518-463-1211

**Website:** [https://naba-vision.org/](https://naba-vision.org/)

**Description:** Offers free in-home services for those diagnosed as legally blind in both eyes. Services include: vision rehab therapists (adapting to vision loss), mobility instructors, and an adaptive living program. For youth, programming is available for ages 8-18 who are legally blind, held once a month on Saturday (field trips, vision workshops).

**Categories:** Disabilities, Seniors

### Nurturing Fathers
8 N Church St, Schenectady, NY 12305
518-410-9177

**Website:** [http://www.nurturingfathers12304.com/](http://www.nurturingfathers12304.com/)

**Description:** Offers a 12-week parenting course for fathers.

**Categories:** Disabilities, Seniors

### NYS Commission for the Blind
40 North Pearl Street, Albany, NY 12110
518-473-1675


**Description:** Provides programs and services for the legally blind. Located on the 10th floor.

**Categories:** Disabilities, Government, Seniors

### NYSED
89 Washington Ave, Albany, NY 12234
518-391-5863

**Website:** [http://www.nysed.gov/](http://www.nysed.gov/)

**Description:** May be able to provide DSS with free backpacks. Contact Paul Webster.

**Categories:** Education

### Oak Hill School
39 Charlton Rd, Scotia, NY 12302
518-399-5048

**Website:** [http://www.oakhill.org](http://www.oakhill.org)

**Description:** Individualized schooling for students with emotional/behavioral issues.

**Categories:** Education

### The Old Stone Fort Museum
145 Fort Rd, Schoharie, NY 12157
518-295-7192

**Hours:** Mon-Saturday, 10am-5pm; Sundays 12-5pm (May-October)

**Website:** [http://theoldstonefort.org/](http://theoldstonefort.org/)

**Description:** Offers a number of historic buildings available for touring. Part of the Schenectady County Public Library Museum Pass Program. Admission: Adults $7, Seniors $6, Children ages 5-17 $2.

**Categories:** Community

### Operation at Ease
P.O. Box 9156, Schenectady, NY 12309
518-847-9941

**Website:** [http://www.operationatease.org/](http://www.operationatease.org/)

**Description:** Free service that pairs veterans with service dogs (provides free training, as well).

**Categories:** Pets, Veterans

### Ortho NY Urgent Care
530 Liberty Street, Schenectady, NY 12305
518-489-2663

**Hours:** Mon-Fri, 1-5pm

**Website:** [https://orthony.com/directory/locations/show/schenectady](https://orthony.com/directory/locations/show/schenectady)
**Description:** Offers assistance for injuries, sprains, strains. Walk-in services available.
**Categories:** Health Care

**Our Lady of Fatima Pantry**
1735 Alexander Road, Delanson, NY 12053
518-895-2788
**Website:** [http://www.rcda.org/churches/OurLadyOfFatima/food_pantry.html](http://www.rcda.org/churches/OurLadyOfFatima/food_pantry.html)
**Description:** Food pantry for residents of Duanesburg, Delanson, Quaker St, Esperance, and Mariaville only. Must make an appointment; can only visit once per month.
**Categories:** Food Resources

**Our Redeemer Lutheran Church**
103 S. Reynolds St, Schenectady, NY 12302
518-346-8081
**Website:** [http://ourredeemer.cc/](http://ourredeemer.cc/)
**Description:** Free lunch in summer for everyone, Friday 11:30am-12:30pm. Hosts an Alcoholics Anonymous group, Fridays at 6:30pm.
**Categories:** Addiction, Food Resources

**Parent to Parent of NYS**
500 Balltown Rd, Schenectady, NY 12304
518-381-4350
**Website:** [http://parenttoparentnys.org/](http://parenttoparentnys.org/)
**Description:** Supportive network for parents of children with disabilities.
**Categories:** Disabilities, Mental Health/Counseling

**Park Avenue Nursery School**
943 Palmer Ave, Schenectady, NY 12309
518-374-8760
**Hours:** Mon-Fri, 9-11:30am
**Website:** [http://parkavenuenurseryschool.com/home](http://parkavenuenurseryschool.com/home)
**Description:** A cooperative nursery school for ages 3-5. Three year old class is held Tues/Thurs; 4-5 year old class is held Mon/Wed/Fri.
**Categories:** Child Care

**Parsons Child & Family Center**
60 Academy Rd, Albany, NY 12208
518-426-2600
**Website:** [http://www.parsonscenter.org/](http://www.parsonscenter.org/)
**Description:** Multi-service agency dedicated to helping families and children in the Capital Region. Programs available in the areas of: Behavioral Health, Case Management, Early Childhood, Education, Family Foster Care, Prevention & Family Preservation, and Residential Care.
**Categories:** Child Abuse, Child Care, Mental Health/Counseling, Youth

**Parsons Early Learning Center**
125 Bigelow Ave, Schenectady, NY 12304
518-292-5510
**Website:** [https://www.parsonscenter.org/our-services/education](https://www.parsonscenter.org/our-services/education)
**Description:** Learning Center for children under 3 years old.
**Categories:** Child Care

**Patty’s Place**
518-723-0232
**Website:** [https://www.facebook.com/pattysplaceschenectady](https://www.facebook.com/pattysplaceschenectady)
**Description:** Drop-in support/referral center for women engaged in sex work. Provides basic services such as hygiene items, condoms, and clothing. Call or Facebook Message for more information.
**Categories:** Domestic Violence, Sexual Assault

**Peter Young Support Program**
428 Duane Ave, Schenectady, NY 12304
518-377-2448
**Website:** [http://pyhit.com/programs/](http://pyhit.com/programs/)
**Description:** Provides case management, employment, and housing for people living with HIV/AIDS, as well as housing assistance for veterans. Also assists with adult literacy, GED/TASC, and English as Second Language (Contact Judy Cocca, 518-465-1020 ext 145). Provides free backpacks/school supplies over the summer to youth in the area (518-930-8308).
**Categories:** Addiction, Education, Employment, HIV/AIDS, Homelessness/Housing, Reentry, Veterans

**PG Wright Food Pantry**
Yates Village, 2450 Van Vranken Ave, Schenectady, NY 518-374-7873
**Hours:** Thurs 9am-1pm, Last Mon of month 4-6pm
**Website:** [http://www.bethesdahouseschenectady.org/](http://www.bethesdahouseschenectady.org/)
**Description:** Food Pantry for 12308 residents only. Only one visit allowed per month.
**Categories:** Food Resources

**Planned Parenthood Mohawk Hudson**
1040 State Street, Schenectady, NY 12307
518-374-5353
**Website:** [https://www.plannedparenthood.org/health-center/new-york/schenectady/12307/schenectady-center-4192-91180](https://www.plannedparenthood.org/health-center/new-york/schenectady/12307/schenectady-center-4192-91180)
**Description:** An organization which provides quality healthcare and educates individuals on reproductive rights. Offers AIDS/HIV Testing, free condoms, birth control, emergency contraception, and abortion services. Also has a 24 hour domestic violence hotline (518-346-2266).
**Categories:** Domestic Violence, Family Planning/Pregnancy, Health Care, HIV/AIDS, LGBTQ+, Sexual Assault
Positively Playful Therapy  
118 Hurst Rd, Delmar, NY 12054  
518-424-2991  
Website: https://positivelyplayfultherapy.com/  
Description: Offers hippotherapy and adaptive/therapeutic riding. Also offers riding lessons and pony rides to youth.  
Categories: Disabilities, Mental Health/Counseling, Youth

Pride Center of the Capital Region  
332 Hudson Ave, Albany, NY 12210  
518-462-6138  
Website: http://www.capitalpridecenter.org/  
Description: Serves those affected by discrimination based on gender identity/expression. Offers support groups (one located in Schenectady, Thursdays 6-7:30pm at Proctors), as well as a drop-in space in Albany. Runs multiple programs for the LGBTQ+ community.  
Categories: HIV/AIDS, LGBTQ+, Mental Health/Counseling, Support Groups, Youth

Princetown Town Hall  
165 Princetown Plaza, Princetown, NY 12306  
518-357-4045  
Website: http://princetown.net/content/  
Description: Oversees all town departments. Town Board Meetings held the 2nd Tuesday of the month at 7pm.  
Categories: Government

Proctors  
432 State St, Schenectady, NY 12305  
518-346-6204  
Website: http://www.proctors.org/  
Description: Offers programs for youth interested in performing arts. Hosts a wide variety of shows throughout the year.  
Categories: Community

Project Safe Point  
839 Albany St, Schenectady, NY 12307  
518-449-3581 ext. 130  
Hours: Mon/Wed/Fri 2-4pm  
Website: http://projectsafepoint.org/  
Description: Offers HIV/Hepatitis C Screening and serves as a Syringe Exchange Location. Parks at the SICM Emergency Food Pantry during listed times.  
Categories: Addiction, HIV/AIDS

Puzzles Bakery & Cafe  
515 State St, Schenectady, NY 12305  
518-280-2620  
Website: http://www.puzzlesbakerycafe.com/  
Description: Bakery and cafe that focuses on raising awareness for autism. Employs individuals with mental disabilities. On Thursdays from 6-7pm, therapy dogs are brought in for the community.  
Categories: Disabilities

Quaker Meeting House  
727 Madison Ave, Albany, NY 12208  
518-436-8812  
Website: http://www.albanyfriendsmeeting.org/  
Description: Hosts Debtors Anonymous Group, Wed 7:30-8:30pm. Welcoming congregation for LGBTQ+ individuals.  
Categories: Community, LGBTQ+, Support Groups

The Quest for Grace  
1482 Erie Blvd, Schenectady, NY 12305  
518-301-5662  
Website: http://www.questforgrace.com/  
Description: Offers free clothing, toys, and infant equipment twice a year for foster children. Exception: infants under 12 months old in foster care can get new items as they grow. Call for an appointment.  
Categories: Clothing

Quest Inc.  
826 State St, Schenectady, NY 12307  
518-527-1784  
Website: http://www.schenectadyquest.org/  
Description: Offers free dinner for kids, Mon-Fri. Mattresses and blankets available (contact for more info). Run multiple programs for kids, including ballet and the Reading is Fun program, and provides free books for kids.  
Categories: Clothing, Food Resources, Homelessness/Housing, Youth

Rain Drops Closet for Homeless Families  
218 Nott Terrace, Schenectady, NY 12307  
518-417-9284  
Hours: Tues 10:00am-2:00 pm  
Description: Located in Emmanuel Friedens Church, Room 119. Provides free clothing, household goods, and hygiene products for homeless individuals or those recently getting out of homelessness. Referrals accepted, but not required. Also hosts a Christmas meal with a toy giveaway (need to sign up in November). May be able to provide free school supplies.  
Categories: Clothing, Education, Food Resources, Homelessness/Housing

Reach Out Center (ROC)  
120 Emmons St, Schenectady, NY 12304  
Hours: Tuesday-Friday 6:30-8:30 pm  
Description: A drop in center for youth; a safe space.  
Categories: Youth
Reading is Fun
518-377-9542
Website: http://www.readingisfun.org/
Description: Reading mentoring program for children ages 4-9 in the Schenectady School District.
Categories: Education, Youth

Real Talk: Alliance for Positive Health
118 Henry St, Schenectady, NY 12304
518-331-3969
Hours: Wed 6:30-7:30pm
Website: http://www.realtalk1317.com/
Description: Prevention project for high risk youth ages 13-17 to reduce their risks for HIV/AIDS, STIs, and pregnancy.
Categories: HIV/AIDS, Youth

Refugee and Immigrant Support Services of Emmaus (RISSE)
715 Morris Street, Albany, NY 12208
518-621-1041
Hours: Mon-Fri 11:00am-7:00pm
Website: http://rise-albany.weebly.com/
Description: Offers ESL classes, basic life skills, and an after-school program for youth.
Categories: Education, Minority Services

Rehabilitation Support Services
314 Central Ave, Albany, NY 12206
518-462-1094
Website: http://rehab.org/county/schenectady/
Description: Offers supportive housing and supportive employment programs for those with a mental illness. Also has services for those suffering from both a mental illness and a substance abuse addiction.
Categories: Addiction, Homelessness/Housing, Mental Health/Counseling

Ring of Hope Boxing Club
2330 Watt Street, Schenectady, NY 12304
518-377-1811
Website: http://www.ringofhopeboxingclub.org/
Description: Offers an after school program Mon-Thurs 4-5:30 pm for children ages 8-14. Also offers a program called Peaceful Warriors; they’re focused on boxing, but also have weekly support group sessions and academic tutoring as needed (physical required).
Categories: Education, Youth

Room for All
201-364-4538
Website: https://roomforall.com/
Description: This grassroots movement is working to bring inclusion and acceptance of the LGBTQ+ community to the Reformed Church of America. Offers a public roster of welcoming/affirming churches and of ministers who are welcoming. Offers workshops on building an inclusive church across the country. Also offers video-based resources for congregations, communities, and students.
Categories: LGBTQ+

Roots & Wisdom
Central Park, 500 Iroquois Path, Schenectady, NY 12309
(518) 372-1622 ext 257
Farm Stand Hours: Thurs 3-5pm, July-mid August
Website: http://cceschendctady.org/agriculture/roots-wisdom
Description: This youth and agriculture community service program teaches youth about hunger, nutrition, diversity, and sustainable agriculture. Can purchase fresh produce from the farm stand.
Categories: Environment, Food Resources, Youth

Rotterdam Senior Citizens Center
2639 Hamburg St, Rotterdam, NY 12303
518-356-1561
Hours: Breakfast/Lunch, Mon-Fri 9:00am-2:00pm
Website: http://rotterdamny.org/senior-citizens.aspx
Description: Offers programming for seniors 55+ years of age; programs at the center are free. Provides Breakfast/Lunch Mon-Fri 9am-2pm for a small fee. This is a free tax preparation site, as well (Bring: photo ID, bank account information, tax returns, Social Security card for all on tax form, Form 1095-A, Childcare documentation, unemployment forms).
Categories: Financial & Energy Assistance, Food Resources, Seniors

Rotterdam Summer Band Program
Daniel Jones: 518-356-8282
John Savage: 518-774-5529
Rotterdam Parks & Rec Department: 518-356-1561
Description: Summer band program for youth in the area. Contact for more information.
Categories: Youth

Rotterdam Sunrise Rotary
351 Duanesburg Rd, Schenectady, NY 12206
Website: https://www.facebook.com/rotterdamsunriserotary/
Description: A community service organization in Rotterdam. Meetings are held on Thursday mornings, 7:15am, at Top’s American Grille (5 Corners, Rotterdam).
Categories: Community

Rotterdam Town Hall
1100 Sunrise Blvd, Rotterdam, NY 12306
518-355-7575 ext.393
Website: http://www.rotterdamny.org/Default.aspx
Description: Oversees town departments such as public works and police department. Town Board Meetings held the 2nd/4th Wednesday of the month at 7pm.
Categories: Government

Ruth’s Place
1910 Broadway, Schenectady, NY 12306
518-631-6488
Description: This grassroots movement is working to bring inclusion and acceptance of the LGBTQ+ community to the Reformed Church of America. Offers a public roster of welcoming/affirming churches and of ministers who are welcoming. Offers workshops on building an inclusive church across the country. Also offers video-based resources for
Samaritan Counseling Center
220 North Ballston Ave, Scotia, NY 12302
8 N. Church St, Schenectady, NY 12305
518-374-3514
Website: http://samaritancounselingcenter.org/
Description: Offers individual, couples, and family counseling.
Categories: Mental Health/Counseling

SCAP Head Start
Bellevue Center: 2000 Broadway, Schenectady, NY 12306
Bigelow Center: 100 Bigelow Ave, Schenectady, NY 12304
Glen Worden Center: 30 Worden Rd, Scotia, NY 12302
Yates Center: 2450 Van Vranken Ave, Schenectady, NY 12308
518-377-8539
Website: http://scapny.org/headstart/
Description: Pre-school for ages 3-5.
Categories: Education, Youth

Schalmont School District
1 Sabre Dr, Rotterdam, NY 12306
518-355-9200 ext. 4005
Website: http://www.schalmont.org/adulteducation/index.cfm
Description: Offers Continuing/Adult Education classes; fees apply, but residents get a discount. Enrollment on a first come, first serve basis.
Categories: Education

Schenectady Animal Control
105 Jay St, Schenectady, NY 12305
518-382-5200, ext. 5655
Hours: Mon-Fri 9:00am-5:00pm
Website: http://www.cityofschenectady.com/173/Animal-Control
Description: Only handles dog issues. Helps connect families to lost dogs.
Categories: Pets

Schenectady ARC
214 State St, Schenectady, NY 12305
518-372-1160
Website: http://www.arcschenectady.org/index.html
Description: Offers clinical services, day services, employment services, and residential services for individuals with an intellectual or developmental disability.
Categories: Disabilities

Schenectady Farmer’s Market
105 Jay St, Schenectady, NY 12305
Hours: Thurs 9am-1:30pm
Categories: Food Resources

Schenectady City School District
1445 The Plaza, Schenectady, NY 12308
518-370-8100
Website: http://schenectady.ss12.sharpschool.com/
Schenectady Civic Players
12 S. Church St, Schenectady, NY 12305
518-382-2081
Website: http://home.civicplayers.org/
Description: The Capital District’s oldest community theater, which produces multiple plays throughout the year for the community’s enjoyment. Part of the Schenectady County Public Library Museum Pass Program.
Categories: Community

Schenectady Clubhouse Group
430 Cedar St, Schenectady, NY 12306
Description: Alcoholics Anonymous Meetings; all wheel chair accessible.
AA Meetings:
- Sunday 10am & 3pm (Open, Discussion)
- Sunday 7pm (Closed, Discussion)
- Mon 7pm (Closed, Discussion)
- Tues 12pm (Closed, Steps)
- Wed 1pm (Open, Discussion)
- Wed 7pm (Closed, Steps)
- Thurs 1pm (Open, Discussion)
- Fri 1pm (Closed, Discussion)
- Fri 7pm (Open, Beginners)
- Saturday 12pm (Closed, Discussion)
- Saturday 7pm (Open, Speaker)
Categories: Addiction

Schenectady Community Action Program (SCAP)
913 Albany St, Schenectady, NY 12307
518-374-9181
Website: http://scapny.org/
Description: Organization that can assist with multiple kinds of problems. Offers homelessness intervention by assisting individuals in finding permanent housing and preventing evictions. Offers housing at the Sojourn House for women with children or who are pregnant. Participates in Rapid Rehousing program (involves case management and rent assistance. Also runs the Shelter Plus Care program for homeless individuals with a mental health diagnosis, HIV/AIDS, or a substance abuse issue (assists with housing). Gives clothing vouchers for the City Mission Clothing Room. Free income tax preparation available. Also assists with multiple kinds of applications (SNAP, HEAP, etc.).
Categories: Clothing, Financial & Energy Assistance, Food Resources, Homelessness/Housing

Schenectady County Child Advocacy Center
106 Erie Blvd, Schenectady, NY 12305
518-388-4615
Website: https://www.facebook.com/Schenectady-County-Child-Advocacy-Center-101366083287688/
Description: Protects and serves children who have been victims of abuse.
Categories: Child Abuse

Schenectady County Community College (SCCC)
78 Washington Ave, Schenectady, NY 12305
518-381-1314
Website: https://sunysccc.edu/
Description: Affordable college education for youth. Also assists veterans wanting to pursue higher education. SCAP satellite site for students/faculty.
Categories: Education, Veterans, Youth

Schenectady County Department of Social Services (DSS)
797 Broadway, Schenectady, NY 12305
518-388-4470
Website: http://www.schenectadycounty.com/dss
Description: DSS provides assistance applying for Home Energy Assistance Program (HEAP), SNAP, health insurance, etc. Provides temporary assistance to individuals and families.
Categories: Child Care, Employment, Financial & Energy Assistance, Food Resources, Government, Homelessness/Housing

Schenectady County Embraces Diversity (SCED)
1055 Wendell Ave, Schenectady, NY 12308
518-374-2683 ext. 112
Website: http://www.sicm.us/Programs%20Diversity.html
Description: Runs Study Circles, small groups that focus on difficult topics; discussion based.
Categories: Community, Minority Services

Schenectady County Historical Society
32 Washington Ave, Schenectady, NY 12305
518-374-0263
Hours: Mon-Fri 9am-5pm, Saturday 10am-2pm
Website: http://schenectadyhistorical.org/
Description: Has a museum at this location, focused on the history of Schenectady. Offers walking tours of the historic Stockade. Hosts a number of programs throughout the year (check website calendar or newsletter for complete, updated list).
Categories: Community

Schenectady County Office of Children & Family Services
106 Erie Blvd, Schenectady, NY 12305
518-388-4736
Hours: Mon-Fri, 8:30am-4:30pm
Website: http://www.schenectadycounty.com/node/343
Description: Oversees programs/services concerning at-risk

Schenectady County Office of Children & Family Services
106 Erie Blvd, Schenectady, NY 12305
518-388-4736
Hours: Mon-Fri, 8:30am-4:30pm
Website: http://www.schenectadycounty.com/node/343
Description: Oversees programs/services concerning at-risk
youth and families, including Child Protective Services.

**Categories:** Child Abuse, Government

### Schenectady County One Stop Center
797 Broadway, Schenectady, NY 12305
518-344-2735

**Website:** [http://www.schenectadycounty.com/node/346](http://www.schenectadycounty.com/node/346)

**Description:** Assists community with finding employment. No income restrictions. Holds a GED/TASC class Mon-Fri, 2:45-4:45pm (must be 21 years old, 518-370-8220). Also runs a summer youth employment program in the area.

**Categories:** Education, Employment, Government, Youth

### Schenectady County Public Defender’s Office
519 State St, Schenectady, NY 12305
518-386-2266

**Website:** [http://www.schenectadycounty.com/node/578](http://www.schenectadycounty.com/node/578)

**Description:** Represents individuals in Criminal Court, Family Court, and County Court proceedings.

**Categories:** Government, Legal Assistance

### Schenectady County Public Library

#### Central Branch
99 Clinton St, Schenectady, NY 12305
518-388-4500

**Hours:** Mon-Thurs 9:00am-8:00pm, Fri-Sat 9:00am-5:00pm, Sun 1:00pm-5:00pm

**Website:** [https://friendsofscpl.org/museum-pass-program/](https://friendsofscpl.org/museum-pass-program/)
[http://www.scpl.org/branch_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Offers writing groups, movie showings, family story time, and multiple other community events. Serves as a SCAP satellite location Wednesdays from 10:30am-6:30pm. Runs a Museum Pass program where individuals with a Library Card can take out passes to multiple museums in the area and get free admission.

**Categories:** Community, Education, Youth

#### Glenville Branch
20 Glenridge Rd, Glenville, NY 12302
518-386-2243

**Hours:** Mon, Wed, Thurs 10:00am-8:00pm, Tues, Fri, Sat 10:00am-5:00pm

**Website:** [http://www.scpl.org/branch_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds a “Under Three” program for children under 3 years old; consists of stories, songs, and activities. Also runs a Pre-school story time for ages 3-5. Both programs are drop-in. A variety of other programs are held throughout the year; check with the branch for more information.

**Categories:** Community, Education, Youth

#### Mont Pleasant Branch
1026 Crane St, Schenectady, NY 12303
518-386-2245

**Hours:** Mon and Wed 10:00am-6:00pm, Fri and Sat 12:00pm-5:00pm

**Website:** [http://www.scpl.org/branch_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

### Phyllis Bornt Branch Library and Literacy Center (ESL)
948 State St, Schenectady, NY 12307
518-370-8220

**Hours:** Mon-Wed 10:00am-8:00pm, Thurs-Sat 10:00am-5:00pm

**Website:** [http://www.scpl.org/branch_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Offers educational programs for children and teens, as well as parenting classes. Also offers ESL classes Mon/Wed from 5-8pm.

**Categories:** Community, Education, Youth

### Quaker Street Branch
133 Bull St, PO Box 157, Delanson, NY 12053
518-895-2719

**Hours:** Mon and Thurs 2:00pm-6:00pm, Tues 2:00pm-7:00pm, Wed 10:00am-6:00pm, Sat 10:00am-4:00pm

**Website:** [http://www.scpl.org/branch_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds Family Story Time for families with children under age 5. A variety of other programs are held throughout the year; check with the branch for more information.

**Categories:** Community, Education, Youth

### Rotterdam Branch
1100 North Westcott Rd, Schenectady, NY 12306
518-356-3440

**Hours:** Mon-Wed 10:00am-8:00pm, Thurs-Sat 10:00am-5:00pm

**Website:** [http://www.scpl.org/branch_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds Family Story Time for families with children under age 5. This is also a Free Tax Prep site. A variety of other programs are held throughout the year; check with the branch for more information.

**Categories:** Community, Education, Youth

### Scotia Branch
14 Mohawk Ave, Scotia, NY 12302
518-386-2247
Schenectady Day Nursery
25 Lafayette St, Schenectady, NY 12305
518-374-6319
Hours: Mon-Fri, 7am-5:30pm
Description: Offers affordable childcare for ages 6 weeks-12 years old. Payment on a sliding scale fee.
Categories: Child Care

Schenectady Farmer’s Market
1243 State St, Schenectady, NY 12304
105 Jay St, Schenectady, NY 12305
518-386-2225, ext. 226
Hours: Tues 9am-1pm (State St), Thurs 9am-1:30pm (Jay St)
Website: http://www.schenectadyfarmersmarket.com/
Description: Farmer’s market in Schenectady – summer only
Categories: Food Resources

Schenectady Foundation
376 Broadway, 2nd Floor, Schenectady, NY 12305
518-393-9500
Website: http://www.schenectadyfoundation.org/index.php
Description: Offers funding (through grants) to multiple organizations in the area for programs and projects. Scholarships for youth are also available.
Categories: Financial & Energy Assistance, Youth

Schenectady Friends Meeting
427 Franklin St, Schenectady, NY 12305
518-383-3482
Hours: Mon-Fri, 9am–4pm
Website: http://www.nyym.org/schenectady/
Description: Quaker Worship; all are welcome. LGBTQ+ friendly.
Categories: Community, LGBTQ+

Schenectady Greenmarket: May-October
105 Jay Street, Schenectady, NY 12305
Hours: Sunday 10am-2 pm, May-October
Website: http://schenectadygreenmarket.org/
Description: Farmer’s market that accepts SNAP/EBT.
Categories: Food Resources

Schenectady Greenmarket: November-April
432 State St, Schenectady, NY 12305
Hours: Sunday 10am-2 pm, November-April
Website: http://schenectadygreenmarket.org/
Description: Farmer’s market that accepts SNAP/EBT. Located in Proctors.
Categories: Food Resources

Schenectady Hindu Temple
1052 Pleasant St, Schenectady, NY 12303
Website: https://www.facebook.com/Schenectadytemple/
Description: Hindu Temple.
Categories: Minority Services

Schenectady County SPCA
518-640-3537
Website: https://www.facebook.com/schenectadysPCA/
Description: A nonprofit law enforcement organization that investigates reports of animal cruelty. Also works to educate the public on animal cruelty laws.
Categories: Pets

Schenectady County’s Veterans Service Agency
797 Broadway, Schenectady, NY 12305
518-377-2423
Hours: Mon-Fri, 9am–4pm
Website: http://www.schenectadycounty.com/veterans
Description: Advise veterans on services and benefits available to them.
Categories: Veterans

Schenectady County Youth Bureau
797 Broadway, Schenectady, NY 12305
518-386-2210
Website: http://www.schenectadycounty.com/node/518
Description: Offers funding for youth development programs.
Categories: Youth

Schenectady Damien Center
615 Nott St, Schenectady, NY 12308
518-449-7119
Drop-in Hours: Tues & Fri, 11am-3 pm
Website: http://www.scm.us/Programs%20Damien%20Center.html
Description: A resources center designed to support individuals with HIV/AIDS. Offers nutrition education, life skills groups, case management, and meditation groups. Pet food available once a month (contact for date).
Categories: Food Resources, Health Care, HIV/AIDS, Pets

Woodlawn Branch
2 Sanford St, Schenectady, NY 12304
518-386-2248
Hours: Mon 10:00am-5:00pm, Tues-Thurs 1:00pm-7:00pm, Sat 1:00pm-5:00pm
Website: http://www.scpl.org/branch_libraries/index.html
Description: Holds Family Story Time for families with children under age 5. A variety of other programs are held throughout the year; check with the branch for more information.
Categories: Community, Education, Youth
Schenectady Home Furnishings
603 State St, Schenectady, NY 12305
518-346-2444
Website: [http://www.schenectadyhomefurnishings.org/](http://www.schenectadyhomefurnishings.org/)
Description: Assists families in obtaining furniture. This service can only be used one per family/individual.
Categories: Homelessness/Housing

Schenectady Landlords Influencing Change
35 Furman St, Schenectady, NY 12304
518-382-2606
Description: Meets the 1st Wednesday of the month at 6:30pm at Trinity Lutheran Church.
Categories: Community

Schenectady Light Opera Company (SLOC)
427 Franklin St, Schenectady, NY 12305
877-350-7378
Website: [http://www.sloctheater.org/](http://www.sloctheater.org/)
Description: SLOC is a community theater organization that puts on multiple productions throughout the year. Youth play a huge role in the productions as cast members.
Categories: Community, Youth

Schenectady Mental Health Associates
1362 Union Street, Schenectady, NY 12308
518-374-0295
Hours: Mon/Wed/Thurs/Fri 8:30am -5:00pm, Tues 8:30am-8:00pm
Website: [https://smha-crown.com/schenectady-mental-health-associates-smha/](https://smha-crown.com/schenectady-mental-health-associates-smha/)
Description: Offers individual, couples, marital, and family counseling. Accepts most insurances.
Categories: Mental Health/Counseling

Schenectady Municipal Housing Authority (SMHA)
375 Broadway, Schenectady, NY, 12305
518-386-7000
Website: [http://smha1.org/](http://smha1.org/)
Description: Public housing/Section 8 housing.
Categories: Homelessness/Housing

Schenectady Prescription Pill Drop Box
320 Veeder Ave, Schenectady, NY 12307
518-388-4300
Description: An anonymous, safe option for disposal of prescription medications.
Categories: Addiction, Seniors

Schenectady Rotary
The Stockade Inn, 1 North Church Street, Schenectady, NY 12305
contact@schenectadyroternary.org
Website: [http://67.231.241.82/~schenrty/](http://67.231.241.82/~schenrty/)
Description: Volunteer organization based in Schenectady.
Categories: Community

Schenectady-Saratoga Swim Club
807 Union St, Schenectady, NY 12308
88 Lakehill Road, Burnt Hills, NY 12027
518-365-6516
Website: [https://www.teamunify.com/Home.jsp?team=adsssc](https://www.teamunify.com/Home.jsp?team=adsssc)
Description: Practice Mon-Sat, swim meets on weekends. No transportation provided; limited scholarships available.
Categories: Youth

The Schenectady Theatre for Children
93 West Campbell Rd, Rotterdam, NY 12306
Website: [http://www.stcny.org/home](http://www.stcny.org/home)
Description: Located in Viaport (the old Rotterdam Square Mall), this organization offers plays/productions to the community. Brings theatre productions to schools in the area.
Categories: Community

Schenectady Works
28 Yates St, Schenectady, NY 12305
518-346-2275
Website: [http://schenectadyworks.com/](http://schenectadyworks.com/)
Description: Offers support in finding employment through the Career Training Center.
Categories: Employment

Schenectady YMCA
433 State St, Schenectady, NY 12305
518-881-0117
Website: [http://cdymca.org/locations/schenectady-ymca/](http://cdymca.org/locations/schenectady-ymca/)
Description: Programs for youth, including the Black and Latino Achiever Program and the Youth in Government Program. Dream Again Basketball- free summer basketball program for youth. Travel team runs throughout the year (518-860-3507).
Categories: Minority Services, Youth

Schenectady Youth Hockey Association
5 Tower Road, Glenville, NY 12302
Union College Messa Rink, 1261 Lenox Road, Schenectady, NY 12308
518-393-9459
Website: [http://www.schenectadyouthhockey.com/](http://www.schenectadyouthhockey.com/)
Description: Offers multiple programs for youth wanting to learn and play hockey. Full hockey gear required to play. Limited equipment is available for a free loan, but each child is required to provide their own skates, stick, and helmet.
Categories: Youth

Schoharie River Center
2025 Burtonville Rd, Esperance, NY 12066
518-875-6230
Website: [http://www.schoharierivercenter.org/](http://www.schoharierivercenter.org/)
Description: Offers after school and summer programming for youth interested in the environment.
Categories: Environment
**Schonowee Village**  
420 Hamilton St, Schenectady, NY 12305  
518-386-7000  
**Website:** [http://smha1.org/publichousing.html](http://smha1.org/publichousing.html)  
**Description:** 210 housing units for elderly/disabled families. Contact Schenectady Municipal Housing Authority.  
**Categories:** Homelessness/Housing

**Scotia Business Improvement District**  
518-334-9899  
**Website:** [http://www.gotoscotia.com/](http://www.gotoscotia.com/)  
**Description:** Transportation available for seniors Mon-Fri 9am-3pm for errands (Glenville residents only). This is also a free transportation service to residents who get together to discuss what is going on in the Village and the Town of Glenville.  
**Categories:** Community

**Scotia-Glenville Pantry**  
132 Mohawk Ave (Rt. 5), Scotia, NY 12302  
518-423-4132 or 518-588-8214  
**Hours:** Tues 5:30-7:00 pm; Fri 9:00-11:00 am  
**Description:** Food pantry available for residents of Scotia/Glenville only. ID required for all family members. Only one visit allowed per month.  
**Categories:** Food Resources

**Scotia-Glenville School District**  
1 Tartan Way, Schenectady, NY 12302  
518-386-4377  
**Website:** [http://www.scotiaglennilleschools.org/adulted/adulteducation.cfm](http://www.scotiaglennilleschools.org/adulted/adulteducation.cfm)  
**Description:** Continuing/Adult Ed available. Fees apply, but residents get a 20% discount.  
**Categories:** Education

**Scotia-Glenville Senior Center**  
32 Worden Rd, Glenville, NY 12302  
518-374-0734  
**Hours:** M-F 9:00am-4:00pm  
**Website:** [http://www.townofglenville.org/Public_Documents/GlenvilleNY_senior/index](http://www.townofglenville.org/Public_Documents/GlenvilleNY_senior/index)  
**Description:** Offers a number of programs for seniors, including exercise classes, art classes, ballroom dancing, bocce ball, pickle ball, gardening, cards, and free computer classes. Lunch available Mon-Fri 12pm for seniors 60+ ($3.25). Transportation available for seniors Mon-Fri 9am-3pm for errands (Glenville residents only). This is also a free tax preparation site (Bring: photo ID, bank account information, tax returns, Social Security card for all on tax form, Form 1095-A, Childcare documentation, unemployment forms).  
**Categories:** Financial & Energy Assistance, Food Resources, Seniors, Transportation

**Scotia United Methodist Church**  
201 N Ten Broeck St, Scotia, NY 12302  
**Website:** [https://sites.google.com/site/scotiamethodist/home](https://sites.google.com/site/scotiamethodist/home)  
**Description:** Hosts multiple Alcoholics Anonymous Groups. All meetings held downstairs; wheelchair accessible.  
**AA Meetings:**  
- Mon 6:30pm (Closed, Discussion)  
- Tues 8pm (Open, Speaker & Discussion)  
- Wed 7pm (Women only, Closed, Discussion)  
- Thurs 6:30pm (Closed, Steps)  
**Categories:** Addiction

**Scotia Village Hall**  
4 N. Ten Broeck St, Scotia, NY 12302  
518-374-1071  
**Website:** [http://www.villageofscotia.org/](http://www.villageofscotia.org/)  
**Description:** Oversees town departments such as court and fire department. Town Board Meetings held the 2nd Wednesday of the month at 7pm.  
**Categories:** Government

**SEAT Center/YouthBuild**  
131 State St, Schenectady, NY 12305  
518-372-4100  
**Website:** [http://www.seatcenter.org/youthbuild/](http://www.seatcenter.org/youthbuild/)  
**Description:** 9-month program for youth 18-24 to help them complete their high school education and get career training.  
**Categories:** Education, Employment

**Serragos Swimmers**  
314 South Manning Blvd, Albany, NY 12208  
518-961-0112  
**Description:** Offers adaptive swimming lessons to those with special needs (mental, physical, or development disabilities). Lessons given at the Center for Disability Services in Albany.  
**Categories:** Disabilities

**Sheridan Plaza Farmer’s Market**  
1338 Gerling St, Schenectady, NY 12308  
**Hours:** Fri 2:00-6:00 pm, Summer  
**Website:** [http://www.schenectadyfarmersmarket.com/](http://www.schenectadyfarmersmarket.com/)  
**Categories:** Food Resources

**SICM Emergency Food Pantry**  
839 Albany St, Schenectady, NY 12307  
518-346-4445  
**Hours:** Mon/Wed/Thurs/Fri 9-11:30 am (Doors open 7:30 am)  
**Website:** [http://www.sicm.us/Food%20SICM%20Pantry.html](http://www.sicm.us/Food%20SICM%20Pantry.html)  
**Description:** Pantry available for Schenectady County Residents only. Residents can visit once a month for full pantry service; IDs are required for all family members. Produce visits are allowed once a week at 11:15am; must sign up. Mass Distribution is held the last Thurs of the month from 8:30-11:30am. SNAP application assistance offered Mon/Wed.
from 8:30-11am (walk-ins accepted). Cooking demonstrations are offered once a month on Friday from 7:30-8:45am. Sit & Knit offered every other Tuesday, 12:30-2pm; some supplies are provided.

**Categories:** Community, Food Resources

**Social Anxiety Support Group of Albany**
socialanxietyalbany@gmail.com


*Description:* Three types of meetings available: support, exposure, and social events. Meets twice a month. Email for location.

**Categories:** Support Groups

**Social Security Office**
1 Broadway Center, Schenectady, NY 12305
1-866-964-1296

*Hours:* Mon-Fri 9am-4pm (Wed only until 12pm)

*Website:* [https://www.ssa.gov/](https://www.ssa.gov/)

*Description:* Located on the 8th floor.

**Categories:** Government

**Soldier On**
866-406-8449


*Description:* Provides case management and some financial assistance for homeless veterans.

**Categories:** Financial & Energy Assistance, Veterans

**Sportsman’s Bowl**
1652 Crane St, Schenectady, NY 12303
518-355-4330

*Hours:* Mon 9:00-11:00pm, Wed 9:00pm-12:00am


*Description:* Offers a Dollar Night special, where games and shoes are $1 each, per person. Extended hours in Summer.

**Categories:** Community, Youth

**St. Anne Institute**
160 North Main Ave, Albany, NY 12206
518-437-6615


*Description:* Sexual abuse counseling program for offenders; sexual abuse counseling for children/adolescents.

**Categories:** Child Abuse, Mental Health/Counseling

**St. Gabriel the Archangel Church**
2040 Hamburg St, Schenectady, NY 12303
518-355-6600

*Description:* Hosts an Alcoholics Anonymous Meeting on Saturdays at 2pm (Closed, Steps, Traditions 2nd Saturday).

**Categories:** Addiction

**St. Joseph’s Church**
600 State Street, Schenectady, NY 12305
518-374-4466

*Website:* [http://www.rcda.org/churches/StJosephSchenectady/](http://www.rcda.org/churches/StJosephSchenectady/)

*Description:* Hosts an Alcoholics Anonymous Meeting on Mondays at 7:30pm. Also hosts a Narcotics Anonymous Meeting on Tuesdays at 7pm (Open). Enter through side entrance.

**Categories:** Addiction

**St. Joseph’s Place**
837 Albany St, Schenectady, NY 12307
518-982-0355

*Hours:* Mon/Wed/Thurs/Fri 9:00am-12:00 pm, Mon-Fri 1:30-3:00 pm

*Description:* A place of fellowship and conversation, open to all in the community.

**Categories:** Community

**St. Kateri Parish School**
1803 Union Street, Schenectady, NY 12309
School: 518-382-8225
Support Group: 518-372-8215

*Website:* [http://stkaterschool.org](http://stkaterschool.org)

*Description:* Offers a Compassionate Friends Support Group for those suffering through loss. Meets the 1st Wed of the month at 7pm in the library. Call 518-372-8215 for more information.

**Categories:** Support Groups

**St. Luke’s Catholic Church**
1243 State St, Schenectady, NY 12304
518-346-3405

*Website:* [http://stlukesschenectady.org/](http://stlukesschenectady.org/)

*Description:* Offers a Food Pantry to the community Wed-Fri, 10am-4pm (by appointment only). Also offers a boxed Christmas meal. Free clothing provided by referral from DSS or the Schenectady City School District.

**Categories:** Clothing, Food Resources
St. Mary’s Healthcare  
427 Guy Park Ave, Amsterdam, NY 12010  
518-842-1900  
Website: https://www.smha.org/patient-care/addiction-services  
Description: Offers detox, counseling, and education.  
Categories: Addiction

St. Paul the Apostle Church  
2777 Albany St, Schenectady, NY 12304  
518-377-8886  
Website: http://www.spacny.org/  
Description: Food pantry available for the community; must call for reservation. Hosts an Alcoholics Anonymous Meeting on Wednesdays at 6:30pm (Open, Discussion). Wheel chair accessible.  
Categories: Addiction, Food Resources

St. Peter’s Addiction Recovery Center: Inpatient Detoxification  
315 South Manning Blvd, Albany, NY 12208  
518-525-1303  
Website: http://www.sphcs.org/DetoxificationServices  
Description: Inpatient detox center.  
Categories: Addiction

St. Peter’s Addiction Recovery Center: Inpatient Rehabilitation  
3 Mercycare Ln, Guilderland, NY 12084  
518-452-6700  
Website: http://www.sphcs.org/AddictionRecoverySPARC  
Description: Inpatient rehab center.  
Categories: Addiction

St. Peter's Addiction Recovery Center: Outpatient Clinic  
2925 Hamburg St, Rotterdam, NY 12303  
518-357-2909  
Website: http://www.sphcs.org/OutpatientRehabilitation  
Description: Recovery outpatient clinic.  
Categories: Addiction

St. Peter’s Rehab and Nursing Center  
301 Hackett Blvd, Albany, NY 12208  
518-262-0480  
Website: http://www.stroke.org/  
Description: Support group for Stroke Survivors of the Capital Region meets here on the 1st Sunday of the month at 2pm.  
Categories: Health Care, Support Groups

St. Peter’s Urgent Care  
400 Patroon Creek Blvd., Suite 102, Albany, NY 12206  
518-525-1062  
Website: http://www.lung.org/local-content/_content/

Stanford United Methodist Church  
5 Catherine St, Schenectady, NY 12307  
518-374-2684  
Hours: Mon-Wed, 1:00-4:00pm  
Website: http://www.statestpres.com/  
Description: Offers a clothing room Mon-Wed, 1-4pm. Also hosts a food pantry Mon-Wed, 1-4pm (visits limited to 6 times per year).  
Categories: Clothing, Food Resources

Steinmetz Home Family Investment Center  
120 Emmons St, Schenectady, NY 12304  
518-370-8220  
Website: http://schenectadywiec.ss12.sharpschool.com/cms/One.aspx?portalId=415201&pageId=793954  
Description: Hosts a TASC (GED) class Mon-Fri, 9am-12pm.  
Categories: Education

Steinmetz Homes  
118 Henry St, Schenectady, NY 12304  
518-386-7000  
Website: http://smha1.org/publichousing.html  
Description: 244 units for families with children. Contact Schenectady Municipal Housing Authority.  
Categories: Homelessness/Housing

Stockade Association  
32 Washington Avenue, Schenectady, NY 12305  
518-393-4725  
cdelam6533@aol.com  
Description: Meets the 3rd Thurs of January, March, May, September and November, 7 pm at 1st Reformed Church.  
Categories: Community

Stockade Station Inc  
518-560-0170  
Website: https://www.facebook.com/StockadeStation/  
Description: Offers art classes for all ages, as well as art exhibits.  
Categories: Community, Youth
Stop the Violence, Inc.
518-685-5164
Website: https://stoptheviolenceinc.wordpress.com/about-us/
Description: Offers shelter, legal aid, and advocacy free of charge. Contact by phone or through Facebook.
Categories: Domestic Violence, Legal Assistance

Stride Adaptive Sports
4482 NY Highway 150, West Sand Lake, NY 12196
518-598-1279
Website: http://www.stride.org/
Description: Offers multiple programs for adaptive sports for those with disabilities, including (but not limited to) archery, dance, bowling, golf, sailing, tennis, etc. Check site for more information (locations differ by sport).
Categories: Disabilities

Study-at-home option for TASC
518-370-8230
Description: Call for more information.
Categories: Education

SUN Neighborhood Association
105 Jay St, Schenectady, NY 12305
518-986-0959
rlharvey44@hotmail.com
Hours: 3rd Tues of the month, 6:30pm
Description: Neighborhood association meets in Room 110 of the Schenectady City Hall (no December or summer meetings). Most of the city’s associations attend.
Categories: Community

Sunnyview Rehabilitation Hospital
1270 Belmont Ave, Schenectady, NY 12308
518-382-4500
Website: http://www.mehlhealth.com/Medical_Care/Sunnyview_Rehabilitation_Hospital/
https://bianys.org/programs/support-groups/support-group-list/
http://www.hospicegriefservices.com/wave-riders
Description: Offers physical rehab. Hosts multiple support groups.
Support Groups:
- Food Addicts, Tues 7pm, 518-225-0892
- Overeaters Anonymous, Wed 6:30 pm, 518-280-5954
- Wave Riders (for ages 3-17 who have experienced death of someone significant in their lives), Mon 5-6:30pm, 518-843-5412
- Brain Injury, 1st Wed of month @ 1pm, 518-459-7911
Categories: Health Care, Support Groups

SUNY College and Career Counseling Center
433 State Street, Schenectady, NY 12305
518-631-2257
Website: http://sunysccc.edu/About-Us/SUNY-College-and-Career-Counseling-Center
Description: For disadvantaged members of the Capital Region 16+, assists with resumes, cover letters, financial aid applications, career advising, etc.
Categories: Employment, Youth

Tabernacle of New Hope
3 Morris Ave, Schenectady, NY 12308
518-372-3354
Hours: Mon 10am-12pm
Website: https://www.facebook.com/tabnewhope/
Description: Offers a Food Pantry to the community. Photo ID and proof of address required.
Categories: Food Resources

Talking Book and Braille Library
222 Madison Avenue, Albany, NY 12230
518-474-5935
Website: http://www.nysl.nysed.gov/tbbl/
Description: Located at the Cultural Education Center. Lends audio and braille books to those with vision impairments (can include player for audiobooks).
Categories: Disabilities

TBU Productions (Told By Us)
518-847-1564
Website: http://toldbyus.org/
Description: An organization for students 13-20 years old to explore social issues through music. Teaches students the writing aspect of music, as well as production. Offers an after-school program for youth. Creates short music videos. Students are also working on full-length films, as well.
Categories: Education, Youth

Tears Foundation
518-512-1940
Website: http://www.thetearsfoundation.org/
Description: Provides Pack & Plays for children 4 months old or younger. Also assists with funeral assistance for children (contact for more information). Hosts a peer companion program, pairing people who have both lost a child together for peer-to-peer support.
Categories: Family Planning/Pregnancy, Mental Health/Counseling

Ten Eyck Apartments
375 Broadway, Schenectady, NY 12305
518-274-8685
Description: Affordable housing for elderly/disabled families. Contact Schenectady Municipal Housing Authority.
Categories: Homelessness/Housing
Thacher Park
1 Hailes Cave Rd, Voorheesville, NY 12186
518-872-1237
Website: https://parks.ny.gov/parks/128/details.aspx
Description: Offers miles of trails for hiking. The park itself has volleyball courts, playgrounds, ball fields, and picnic areas for the public to use. Programs are offered year round for the community.
Categories: Environment, Youth

Things of My Very Own, Inc.
249 Green St, Schenectady, NY 12305
518-630-5143
Hours: Mon/Wed/Fri 9:00am-12:00pm
Website: https://thingsofmyveryown.wildapricot.org/
Description: Clothing provided for abused children; hours listed are for non-emergent cases, call for emergencies. Appointments strongly recommended.
Categories: Child Abuse, Clothing

Town of Colonie Outreach Center
1639 Central Avenue, Colonie, NY 12205
518-925-6296 or 518-466-6999
Website: http://www.dbsalliance.org/site/PageServer?pagename=peer_support_group_locator
Description: The Colonie Depression and Bipolar Alliance Support Group meets here on Tuesdays from 7-8:30pm.
Categories: Government, Support Groups

TRAID Program (Technology Related Assistance for Individuals with Disabilities)
401 State Street, Schenectady, NY 12305
(800) 624-4143; 518-388-2877
Website: https://www.health.ny.gov/publications/0548/the_triad_program.htm
Description: Helps people learn about, obtain, and be able to use assistive technology services/devices.
Categories: Disabilities, Seniors

Trinity Alliance
15 Trinity Place, Albany, NY 12202
518-449-5155
Hours: Mon-Fri 8:30am-5:00 pm
Website: http://www.trinityalliancealbany.org/
Description: Offers programs for Schenectady residents such as anger management, early intervention, jail transition, parenting classes, financial literacy, and some case management.
Categories: Family Planning/Pregnancy, Financial & Energy Assistance, Mental Health/Counseling, Reentry

Trinity Reformed Church
705 Curry Rd, Rotterdam, NY 12306
518-355-4032
Website: http://trinityrca.org/index.html
Description: Hosts Alcoholics Anonymous Meetings.
AA Meetings
– Wed 6:30pm (Closed, Big Book)
– Tues 7pm (Closed, Discussion)
– Thurs 7pm (Both an open and closed group)
Categories: Addiction

Trinity Lutheran Church
35 Furman St, Schenectady, NY 12304
518-382-2606
Website: http://sites.google.com/site/schdytrinitylutheranchurch/home?pli=1
Description: Hosts a Narcotics Anonymous Group on Mondays from 7-8:30pm and Fridays from 6-7:30pm (steps, tradition, book study). Wheel chair accessible.
Categories: Addiction

Trinity Reformed Church
705 Curry Rd, Rotterdam, NY 12306
518-355-4032
Website: http://trinityrca.org/index.html
Description: Hosts Alcoholics Anonymous Meetings.
AA Meetings
– Wed 6:30pm (Closed, Big Book)
– Tues 7pm (Closed, Discussion)
– Thurs 7pm (Both an open and closed group)
Categories: Addiction

Umbrella of the Capital District
9 North Broadway, Schenectady, NY 12305
518-346-5249
Website: http://www.theumbrella.org/
Description: Helps with home maintenance for seniors for a small monthly fee (sliding scale).
Categories: Homelessness/Housing, Seniors

Union Counseling Behavioral Health Center
1311 Union St, Schenectady, NY 12308
518-374-6263
Hours: Mon-Thurs 9:00 am-9:00 pm, Fri 9:00 am-5:00 pm, Saturday hours by appointment
Website: http://unionstreetcounseling.com/
Description: Outpatient mental health agency providing a wide range of services.
Categories: Mental Health/Counseling

Union Presbyterian Church
1068 Park Ave, Schenectady, NY 12308
Website: http://www.unionpres.org/
Description: Hosts a Narcotics Anonymous Meeting on Saturdays, 7-8:30pm (Open, Rotating Format).
Categories: Addiction

Union Triangle Neighborhood Association
1081 Park Ave, Schenectady, NY 12308
518-372-7047
Website: http://uniontriangle.org/
Description: Meeting time/place changes; call for more information.
Categories: Community

United States Citizenship and Immigration Services: Albany Office
1086 Troy-Schenectady Rd, Latham, NY 12110
1-800-375-5283
Website: www.uscis.gov/
Description: Provides legal assistance for immigrants, as well as assistance applying for citizenship.
Categories: Legal Assistance, Minority Services

United Way of the Greater Capital Region
1 United Way, Albany, NY 12205
518-456-2200
Website: http://www.unitedwaygcr.org/
Description: Offers the 2-1-1 program to the community. Call 2-1-1 for information and referrals.
Categories: Community

Upper Union Street BID
1598 Union St, Schenectady, NY 12309
518-727-6689
Website: http://www.upperunionstreet.com/
Description: Promotes the local businesses of Union Street.
Categories: Community

Upper Union Street Farmer’s Market
1630 Union Street, Schenectady, NY 12309
Hours: Saturday 9:00am-1:30 pm, summer
Website: https://www.facebook.com/UpperUnionStreetFarmersMarket/
Description: Farmer’s market located on Union Street; fresh, local grown produce.
Categories: Food Resources

USS Slater: Destroyer Escort Historical Museum
141 Broadway, Albany, NY 12202
518-431-1943
Hours: Wed-Sunday, 10am-4pm (April-November)
Website: http://www.ussslater.org/index.html
Description: Offers the chance for individuals to tour the USS Slater boat. Part of the Schenectady County Public Library Museum Pass Program.
Categories: Community

Vale Community Organization
518-372-4693
Description: Meets the 1st Thursday of the month at the Caretaker’s House or at State St. Pres. Call to confirm.
Categories: Community

Veggie Mobile Locations
Father O’Brien Senior Community, 3151 Marra Ln, Schenectady, NY 12303
Hours: Mon 1:00-1:45pm
Hometown Health Center, 1044 State St, Schenectady, NY 12307
Hours: Mon 2:00-2:45pm
Schenectady DSS, 797 Broadway, Schenectady, NY 12305
Hours: Mon 3:30-4:30pm
Summit Towers, 720 Albany St, Schenectady, NY 12307
Hours: Friday 1:30-2:00 pm
Lincoln/Keane Schools, 1325 Albany St, Schenectady, NY 12304
Hours: Friday 2:15-3:00pm
Ten Eyck Apartments, 375 Broadway, Schenectady, NY 12305
Hours: Fri 3:15-4:00pm
Website: http://www.capitalroots.org/programs/veggie/schedule-and-locations-2/
Description: Provides fresh, affordable fruits/vegetables; EBT/SNAP accepted.
Categories: Food Resources

Veteran’s Miracle Center
10 Interstate Ave, Albany, NY 12205
(518) 486-8398
Hours: Mon-Fri, 9am-5pm (by appointment only)
Website: http://www.vmcalbany.org/
Description: Provides free basic needs items for veterans (clothing, household goods, food, hygiene items, etc.).
Categories: Veterans

Veterans of Foreign Wars
Hilderbrand-Davis Post
609 Draper Ave, Rotterdam, NY 12306
518-382-1669
Hours: 2nd Tuesday of the month, 7:00 pm
Mayfair-Glenville Post
Saratoga Rd, Schenectady, NY 12302
518-399-7559
Hours: 2nd Tuesday of the month, 7:00 pm
Schenectady Post
1309 5th Ave, Schenectady, NY 12303
518-382-8363
Hours: 3rd Monday of the month, 7:00 pm
Website: https://www.vfw.org/
Categories: Veterans
Victoria Acres Equine Facility, Inc.
3771 Western Turnpike, Altamont, NY 12009
518-813-8805
Website: http://www.victoriaacresequinefacility.com/
Description: Offers therapeutic horse programs for those with disabilities and veterans.
Categories: Disabilities, Veterans

Villa Fusco Food Pantry
955 Balltown Rd, Niskayuna, NY 12309
518-377-1613
Hours: 3rd Saturday of the month, 12:00-2:00 pm
Description: Offers a food pantry once a month. Must make appointment by Thurs/Fri before the 3rd Sat.
Categories: Food Resources

Visiting Nurse Service of Northeastern New York
108 Erie Blvd, Schenectady, NY 12305
518-382-7932
Website: http://www.vnshomecare.org/Default.aspx
Description: Offers in-home care for adults and children.
Categories: Health Care

Washington Irving
422 Mumford St, Schenectady, NY, 12307
518-370-8220
Hours: Mon-Fri 9:00am-12:00pm, 12:30-2:30pm
Website: http://wiec.schenectady.k12.ny.us/
Description: Offers TASC (GED) classes, as well as ESL classes. Provides vocational training and career readiness programs for adults, as well.
Categories: Education, Employment

Weatherization Services Satellite Office
913 Albany Street, Schenectady, NY 12307
518-374-1702
Hours: Tues/Thurs 9:00am-3:00 pm
Website: http://saratogaecoc.org/programs/energy-services/weatherization-application/
Description: Helps reduce heating/cooling costs of a home; can assist with health/safety issues in homes, as well.
Categories: Financial & Energy Assistance

Whitney Young Health Center
920 Lark Drive, Albany, NY 12207
518-465-4471
Website: http://wmyhealth.org/
Description: Accepts Medicaid/Medicare.
Categories: Addiction, Health Care

WIC Clinic
650 Franklin St, Schenectady, NY 12305
518-346-8818
Website: http://www.fns.usda.gov/wic/women-infants-and-children-wic
Description: Offers assistance to women with children under 5 years old. WIC checks can help women get basic necessities for their children.
Categories: Food Resources

Wildwood Programs
1190 Troy-Schenectady Road, Latham, NY 12110
518-640-3356
Website: http://www.wildwood.edu/
Description: Offers guidance and supportive counseling for families with a disabled child. Also provides soft skills training and multiple types of employment programs.
Categories: Disabilities, Employment, Mental Health/Counseling

Wildwood, Inc.
2995 Curry Rd Extension, Schenectady, NY 12303
518-640-2200
Website: http://www.wildwood.edu/
Description: Provides adult education for adults with disabilities. This is also a school for autistic children (518-836-2200).
Categories: Disabilities, Education

Wonderland Nursery School
1915 Helderberg Ave, Schenectady NY 12306
518-355-8022
Website: http://www.wonderlandnurseryschool.com/Registration.html
Description: Nursery school for ages 3-5.
Categories: Child Care

Woodlawn Merchants Association
2506 Albany St, Schenectady, NY 12304
518-346-6775
Hours: 4th Wed of the month, 7:00pm
Description: Association meets monthly at Hibernian Hall.
Categories: Community

Woodlawn Neighborhood Association
1748 State St, Schenectady, NY 12304
Hours: 4th Wed of the month, 7:00 pm
Description: Association meets monthly at Hibernian Hall.
Categories: Community

Working Group on Girls
1121 Forest Rd, Schenectady, NY 12303
info@wggschenectady.org
Website: http://wggschenectady.org/
Description: Offers Learning Circles for girls in the Schenectady City School District Middle Schools (groups of 10-12 girls at most who meet weekly for support). Also offers
field trips for girls in the middle schools, and hosts an annual Girls Day Out event. Throughout the year, partners with Boys Day Out to host Teen Nights (nights of fun, education, etc.).

**Categories:** Youth

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**Yates Village**
2450 Van Vranken Ave, Schenectady, NY 12308
518-386-7000

**Website:** [http://smha1.org/publichousing.html](http://smha1.org/publichousing.html)

**Description:** Offers 300 affordable housing units for families with children; contact Schenectady Municipal Housing Authority for more information.

**Categories:** Homelessness/Housing

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**YMCA Lally Day Care Center**
204 S. Ten Broeck Street, Scotia, NY 12302
518-374-4914

**Hours:** Mon-Fri, 7am-6pm


**Description:** Licensed day care center for ages 6 weeks to 6 years old.

**Categories:** Child Care

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**Youth Life Support Network, Inc.**
120 Emmons St, Schenectady, NY 12305
518-280-7584

**Website:** [https://www.facebook.com/ylsnincpromiseyouth/](https://www.facebook.com/ylsnincpromiseyouth/)

**Description:** Runs the 1Live2Life program: gang/violence prevention program with wrap around care and complete confidentiality.

**Categories:** Youth

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**YWCA**
44 Washington Ave, Schenectady, NY 12305
518-374-3394

**Hours:** Mon-Fri 7:00am-9:00 pm; Sat/Sun 9:00am-5:00 pm

**Website:** [http://www.ywca-northeasternny.org/](http://www.ywca-northeasternny.org/)

**Description:** Offers support groups and counseling for those who have experience domestic violence. Runs a Domestic Violence Shelter (518-374-3386). Offers a free legal clinic the 1st Wed of the month from 9am-5pm. Also runs the CA$H program for women, providing financial assistance. Temporary/transitional housing available for women 18+ (transitional for homeless women suffering from at least one other issue). On Thursdays at 1pm, offers a Young Mothers Support Group.

**Categories:** Domestic Violence, Family Planning/Pregnancy, Financial & Energy Assistance, Homelessness/Housing, Legal Assistance, Minority Services, Support Groups

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**YWCA Early Learning Center**
SCCC, 78 Washington Ave, Schenectady, NY 12305
518-381-1375

YWCA, 44 Washington Ave, Schenectady, NY 12305
518-374-3394 ext 101

**Hours:** SCCC = Mon-Fri, 7:30am-5:30pm; YWCA = Mon-Fri, 7:00am-5:30pm

**Website:** [http://www.ywca-northeasternny.org/early-learning-centers/](http://www.ywca-northeasternny.org/early-learning-centers/)

**Description:** Child care for children under age 3. Flexible hours available.

**Categories:** Child Care